

2026 WORLD CHAMPIONSHIPS RUNNING ORDER

(The final version will be published after the registration, Thursday night)

THURSDAY, OCTOBER 29th, 2026

10:00 – 19:00 - Continuous Official Athlete Registration - HOTEL

CAPRICI VERDI HOTEL & SPA

10:00 – 19:00 - Official Weigh-in: Fitness Challenge Area - Parc Del

Colomer

17:00 – 18:00 - Team Managers & Judges Meeting – Caprici Verd

19:00 – 21:30 - IFBB ANNUAL CONGRESS – La Masia

FRIDAY, OCTOBER 30th , 2026 - LA MASIA STAGE

10:00 ONE CONTINUOUS SESSION

(GAMES CLASSIC BODYBUILDING: JUNIORS + SENIORS + MASTERS; BODYBUILDING: JUNIORS + SENIORS; FIT CLASSIC PHYSIQUE: JUNIORS + SENIORS + MASTERS; MEN WHEELCHAIR BODYBUILDING: OPEN; CLASSIC BODYBUILDING: JUNIORS + SENIORS)

(If there are 7 or less athletes in a category, there will be no pre-judging rounds)

It is athletes responsibility to be backstage before their category starts. Please, be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

- JUNIOR GAMES CLASSIC BODYBUILDING 15-20 YEARS OPEN
- JUNIOR GAMES CLASSIC BODYBUILDING 21-23 YEARS OPEN
- MASTER GAMES CLASSIC BODYBUILDING 40-44 YEARS OPEN
- MASTER GAMES CLASSIC BODYBUILDING +45 YEARS OPEN

- MEN GAMES CLASSIC BODYBUILDING UP TO 171 CM
- MEN GAMES CLASSIC BODYBUILDING UP TO 180 CM
- MEN GAMES CLASSIC BODYBUILDING OVER 180 CM

- JUNIOR MEN BODYBUILDING 15-20 YEARS, UP TO 75 KG
- JUNIOR MEN BODYBUILDING 15-20 YEARS, OVER 75 KG
- JUNIOR MEN BODYBUILDING 21-23 YEARS, UP TO 75 KG
- JUNIOR MEN BODYBUILDING 21-23 YEARS, OVER 75 KG
- MASTER FIT BODYBUILDING 40-49 YEARS OPEN
- MASTER FIT BODYBUILDING +50 YEARS OPEN

- MEN BODYBUILDING -65 KG
- MEN BODYBUILDING -70 KG
- MEN BODYBUILDING -75 KG
- MEN BODYBUILDING -80 KG
- MEN BODYBUILDING -85 KG
- MEN BODYBUILDING -90 KG

- MEN BODYBUILDING -95 KG
- MEN BODYBUILDING OVER 95 KG
- JUNIOR MEN CLASSIC PHYSIQUE 15-20 OPEN
- JUNIOR MEN CLASSIC PHYSIQUE 21-23 OPEN
- MASTER MEN FIT CLASSIC PHYSIQUE +40 YEARS OPEN
- MEN FIT CLASSIC PHYSIQUE OPEN
- MEN WHEELCHAIR
- JUNIOR MEN CLASSIC BODYBUILDING 15-20 YEARS OPEN
- JUNIOR MEN CLASSIC BODYBUILDING 21-23 YEARS OPEN
- MEN CLASSIC BODYBUILDING 168 CM
- MEN CLASSIC BODYBUILDING 171 CM
- MEN CLASSIC BODYBUILDING 175 CM
- MEN CLASSIC BODYBUILDING 180 CM
- MEN CLASSIC BODYBUILDING +180 CM

SATURDAY, OCTOBER 31st , 2026 - LA MASIA

09:00 ONE CONTINUOUS SESSION

(WOMEN WELLNESS: JUNIORS + SENIORS + MASTERS; WOMEN FIT & BEAUTY: OPEN; FIT WOMEN PHYSIQUE; MEN FIT OPEN, POSING ART; WOMEN BODYFITNESS: JUNIORS + SENIORS + MASTERS)

(If there are 7 or less athletes in a category, there will be no pre-judging rounds)

It is athletes' responsibility to be backstage before their category starts. Please, be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

- JUNIOR WOMEN BODYFITNESS 15-20 YEARS
- JUNIOR WOMEN BODYFITNESS 21-23 YEARS
- MASTER WOMEN BODYFITNESS 35-39 YEARS
- MASTER WOMEN BODYFITNESS 40-44 YEARS
- MASTER WOMEN BODYFITNESS 45-49 YEARS
- MASTER WOMEN BODYFITNESS >50 YEARS
- WOMEN BODYFITNESS 158 CM
- WOMEN BODYFITNESS 163 CM
- WOMEN BODYFITNESS 168 CM
- WOMEN BODYFITNESS +168 CM
- WOMEN FIT & BEAUTY OPEN
- FIT WOMEN PHYSIQUE (INCLUDING ROUTINES IN THE FINAL)

- MEN POSING ART
- WOMEN DISABILITIES- OPEN
- MEN DISABILITIES- OPEN
- MEN FIT OPEN

- JUNIOR WOMEN WELLNESS 15-20 YEARS OPEN
- JUNIOR WOMEN WELLNESS 21-23 YEARS 163 CM
- JUNIOR WOMEN WELLNESS 21-23 YEARS +163 CM

- MASTER WOMEN WELLNESS 35-39 YEARS OPEN
- MASTER WOMEN WELLNESS 40-44 YEARS OPEN
- MASTER WOMEN WELLNESS 45-49 YEARS OPEN
- MASTER WOMEN WELLNESS >50 YEARS OPEN

- WOMEN WELLNESS UP TO 158 CM
- WOMEN WELLNESS UP TO 163 CM
- WOMEN WELLNESS UP TO 168 CM
- WOMEN WELLNESS OVER 168 CM