

IFBB WORLD TOUR RANKING  
PRIZE MONEY AWARDS & GENERAL RULES

**FITNESS CHALLENGE RANKING**

- Men's Fitness Challenge Gold Level (Speed Fit)

4500 \$	1 <sup>st</sup> place
2500 \$	2 <sup>nd</sup> place
1000 \$	3 <sup>rd</sup> place
700 \$	4 <sup>th</sup> place
700 \$	5 <sup>th</sup> place
700 \$	6 <sup>th</sup> place

- Women's Fitness Challenge Gold Level (Speed Fit)

4500 \$	1 <sup>st</sup> place
2500 \$	2 <sup>nd</sup> place
1000 \$	3 <sup>rd</sup> place
700 \$	4 <sup>th</sup> place
700 \$	5 <sup>th</sup> place
700 \$	6 <sup>th</sup> place

Prize money should be paid during the second half of the following year, starting from July.

Ranking for Fitness challenge Silver level – no prize money offered.

## POINTS AWARDED IN THE IFBB WORLD TOUR RANKING EVENTS (Fitness Challenge)

### **World Championships**

- 1 st – 100 points
- 2 nd – 75 points
- 3 rd – 60 points
- 4 th – 35 points
- 5 th – 25 points
- 6 th – 15 points

### **Continental Championships:**

- 1 st – 75 points
- 2 nd – 60 points
- 3 rd – 35 points
- 4 th – 25 points
- 5 th – 15 points
- 6 th – 10 points

### **Arnold, World Cup, Mr. Universe**

- 1 st – 50 points
- 2 nd – 35 points
- 3 rd – 25 points

### **Diamond Cup, Continental Cup**

- 1 st – 40 points
- 2 nd – 25 points
- 3 rd – 15 points

## IFBB DIVISIONS INCLUDED IN THE WORLD TOUR RANKING

- Men's Fitness Challenge (Seniors)
- Women's Fitness Challenge (Seniors)

**Note:** Ranking includes competitions taking place from January 01<sup>st</sup> up to December 31<sup>st</sup> of a given year.

**CHECK THE UPDATED IFBB CALENDAR OF EVENTS TO SEE WHICH EVENTS ARE INCLUDED IN THE RANKING**

**<https://ifbb.com/events/>**

## REMOVAL FROM THE RANKING

- Competitors who were tested positive at one of the Ranking events or suspended by the IFBB or IFBB-affiliated National Federation due to the other reasons.
- Competitors who participated in the event non-approved by the IFBB or IFBB-affiliated National Federation.

The 2026 edition of the Ranking Rules enter into force on January 01<sup>st</sup>, 2026

