

**DETAILED RUNNING ORDER OF THE 2018 ARNOLD CLASSIC EUROPE**  
**(TWO STAGES: EXPO STAGE and PRO STAGE)**

**THURSDAY, SEPTEMBER 27<sup>th</sup>, 2018**

**10:00 – 20:00 - OFFICAL ATHLETE REGISTRATION, CONFERENCE CENTER 5, ROOM 5.1**

**17:00 - TEAM MANAGERS & JUDGES MEETING, CONFERENCE CENTER 5, ROOM 5.3**

**FRIDAY, SEPTEMBER 28<sup>th</sup>, 2018**

**EXPO STAGE**

**10:00 - 20:00 ONE CONTINUOUS SESSION**

**(MASTER MEN BODYBUILDING 50-54, +55 YEARS; JUNIOR MEN BODYBUILDING 75 KG, +75 KG; JUNIOR WOMEN BODYFITNESS, MASTER MEN'S PHYSIQUE 40-44, +45 YEARS; MASTER WOMEN BODYFITNESS 35-44, +45 YEARS; WOMEN BIKINI-FITNESS 158 CM, 160 CM, 162 CM, 164 CM, JUNIOR MEN CLASSIC BODYBUILDING, MEN CLASSIC BODYBUILDING 168 CM, 171 CM, 175 CM, 180 CM, +180 CM)**

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Master Men Bodybuilding age 50-54, up to 80 kg      Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
2. Master Men Bodybuilding age 50-54, over 80 kg      Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
3. Master Men Bodybuilding age +55, up to 75 kg      Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
4. Master Men Bodybuilding age +55, over 75 kg      Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
5. Junior Men Bodybuilding up to 75 kg      Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
6. Junior Men Bodybuilding over 75 kg      Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
7. Master Men Bodybuilding age 50-54, up to 80 kg      Semifinals      Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
8. Master Men Bodybuilding age 50-54, over 80 kg      Semifinals      Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
9. Master Men Bodybuilding age +55, up to 75 kg      Semifinals      Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
10. Master Men Bodybuilding age +55, over 75 kg      Semifinals      Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
11. Junior Men Bodybuilding up to 75 kg      Semifinals      Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
12. Junior Men Bodybuilding over 75 kg      Semifinals      Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
13. Master Men Bodybuilding age 50-54, up to 80 kg      Finals      Round 2  
(7 Mandatory Poses x 2 + Posedown)
14. Master Men Bodybuilding age 50-54, up to 80 kg      Finals      Round 3  
(Posing Routines – 60 sec.)
15. Master Men Bodybuilding age 50-54, over 80 kg      Finals      Round 2  
(7 Mandatory Poses x 2 + Posedown)
16. Master Men Bodybuilding age 50-54, over 80 kg      Finals      Round 3  
(Posing Routines – 60 sec.)
17. Master Men Bodybuilding age +55, up to 75 kg      Finals      Round 2  
(7 Mandatory Poses x 2 + Posedown)

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| 18. Master Men Bodybuilding age +55, up to 75 kg<br>(Posing Routines – 60 sec.)       | Finals | Round 3 |
| 19. Master Men Bodybuilding age +55, over 75 kg<br>(7 Mandatory Poses x 2 + Posedown) | Finals | Round 2 |
| 20. Master Men Bodybuilding age +55, over 75 kg<br>(Posing Routines – 60 sec.)        | Finals | Round 3 |
| 21. Junior Men Bodybuilding up to 75 kg<br>(7 Mandatory Poses x 2 + Posedown)         | Finals | Round 2 |
| 22. Junior Men Bodybuilding up to 75 kg<br>(Posing Routines – 60 sec.)                | Finals | Round 3 |
| 23. Junior Men Bodybuilding over 75 kg<br>(7 Mandatory Poses x 2 + Posedown)          | Finals | Round 2 |
| 24. Junior Men Bodybuilding over 75 kg<br>(Posing Routines – 60 sec.)                 | Finals | Round 3 |

**VICTORY CEREMONY:**

- **MASTER MEN BODYBUILDING 50-54, UP TO 80 KG**

- **MASTER MEN BODYBUILDING 50-54, OVER 80 KG**

- **MASTER MEN BODYBUILDING +55, UP TO 75 KG**

- **MASTER MEN BODYBUILDING +55, OVER 75 KG**

- **JUNIOR MEN BODYBUILDING UP TO 75 KG**

- **JUNIOR MEN BODYBUILDING OVER 75 KG**

*(Masters Bodybuilding overall will be conducted the same day on the Pro Stage)*

*(Juniors & Masters may take part in Men Bodybuilding open classes held on Sunday on Expo Stage)*

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| 25. <b>JUNIOR MEN BODYBUILDING OVERALL + AWARDING CEREMONY</b><br>(7 Mandatory Poses x 2 + Posedown)                             |                             |         |
| 26. Junior Women Bodyfitness open<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage                      | Elimination Round (if >15)  |         |
| 27. Master Men's Physique 40-44 years, open<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage            | Elimination Round (if >15)  |         |
| 28. Master Women Bodyfitness 35-44 years, open<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage         | Elimination Rounds (if >15) |         |
| 29. Master Men's Physique 45 years & over<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage              | Elimination Round (if >15)  |         |
| 30. Master Women Bodyfitness 45 years & over<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage           | Elimination Rounds (if >15) |         |
| 31. Junior Women Bodyfitness open<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage            | Semifinals                  | Round 1 |
| 32. Master Men's Physique 40-44 years<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage        | Semifinals                  | Round 1 |
| 33. Master Women Bodyfitness 35-44 years<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage     | Semifinals                  | Round 1 |
| 34. Master Men's Physique 45 years & over<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage    | Semifinals                  | Round 1 |
| 35. Master Women Bodyfitness 45 years & over<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | Semifinals                  | Round 1 |
| 36. Junior Women Bodyfitness open<br>(I-walking + 4 Quarter Turns x 2)   | Finals                      | Round 2 |
| 37. Master Men's Physique 40-44 years<br>(Individual Presentations + 4 Quarter Turns x 2)  | Finals                      | Round 2 |
| 38. Master Women Bodyfitness 35-44 years<br>(I-walking + 4 Quarter Turns x 2)  | Finals                      | Round 2 |
| 39. Master Men Physique 45 years & over<br>(Individual Presentations + 4 Quarter Turns x 2)                                      | Finals                      | Round 2 |
| 40. Master Women Bodyfitness 45 years & over<br>(I-walking + 4 Quarter Turns x 2)  | Finals                      | Round 2 |

**VICTORY CEREMONY:**

- **JUNIOR WOMEN BODYFITNESS OPEN**
- **MASTER WOMEN BODYFITNESS 35-44 YEARS**
- **MASTER WOMEN BODYFITNESS 45 YEARS & OVER**
- **MASTER MEN'S PHYSIQUE 40-44 YEARS**
- **MASTER MEN'S PHYSIQUE 45 YEARS & OVER**

*(Juniors & Masters may take part in Women's Bodyfitness open classes held on Saturday on Pro Stage)  
(Men's Physique Masters may take part in Men's Physique open classes held on Saturday on Expo Stage)*

41. **MASTER WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)
42. **MASTER MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)
43. Women Bikini-Fitness up to 158 cm Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
44. Women Bikini-Fitness up to 160 cm Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
45. Women Bikini-Fitness up to 158 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
46. Women Bikini-Fitness up to 160 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
47. Women Bikini-Fitness up to 158 cm Finals Round 2  
(I-walking + 4 Quarter Turns x 2)
48. Women Bikini-Fitness up to 160 cm Finals Round 2  
(I-walking + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**
- **WOMEN BIKINI-FITNESS UP TO 158 CM**
  - **WOMEN BIKINI-FITNESS UP TO 160 CM**
- (Winners will take part in the Bikini Fitness overall category held Sunday afternoon on Expo stage)*
49. Men Classic Bodybuilding up to 168 cm Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
50. Men Classic Bodybuilding up to 171 cm Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
51. Men Classic Bodybuilding up to 175 cm Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
52. Men Classic Bodybuilding up to 168 cm Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
53. Men Classic Bodybuilding up to 171 cm Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
54. Men Classic Bodybuilding up to 175 cm Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
55. Men Classic Bodybuilding up to 168 cm Finals Round 2  
(4 Quarter Turns + 7 Mandatory Poses x 2 + Posedown)
56. Men Classic Bodybuilding up to 168 cm Finals Round 3  
(Posing Routines – 60 sec.)
57. Men Classic Bodybuilding up to 171 cm Finals Round 2  
(4 Quarter Turns + 7 Mandatory Poses x 2 + Posedown)
58. Men Classic Bodybuilding up to 171 cm Finals Round 3  
(Posing Routines – 60 sec.)
59. Men Classic Bodybuilding up to 175 cm Finals Round 2  
(4 Quarter Turns + 7 Mandatory Poses x 2 + Posedown)
60. Men Classic Bodybuilding up to 175 cm Finals Round 3  
(Posing Routines – 60 sec.)

**VICTORY CEREMONY:**

**- MEN CLASSIC BODYBUILDING UP TO 168 CM**

**- MEN CLASSIC BODYBUILDING UP TO 171 CM**

**- MEN CLASSIC BODYBUILDING UP TO 175 CM**

61. **Women Bikini-Fitness up to 162 cm** Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
62. **Women Bikini-Fitness up to 164 cm** Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
63. **Women Bikini-Fitness up to 162 cm** Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
64. **Women Bikini-Fitness up to 164 cm** Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
65. **Women Bikini-Fitness up to 162 cm** Finals Round 2  
(I-walking + 4 Quarter Turns x 2)
66. **Women Bikini-Fitness up to 164 cm** Finals Round 2  
(I-walking + 4 Quarter Turns x 2)

**VICTORY CEREMONY:**

**- WOMEN BIKINI-FITNESS UP TO 162 CM**

**- WOMEN BIKINI-FITNESS UP TO 164 CM**

*(Winners will take part in the Bikini Fitness overall category held Sunday afternoon on Expo stage)*

67. **Men Classic Bodybuilding up to 180 cm** Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
68. **Men Classic Bodybuilding over 180 cm** Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
69. **Junior Men Classic Bodybuilding open** Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
70. **Men Classic Bodybuilding up to 180 cm** Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
71. **Men Classic Bodybuilding over 180 cm** Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
72. **Junior Men Classic Bodybuilding open** Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
73. **Men Classic Bodybuilding up to 180 cm** Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
74. **Men Classic Bodybuilding up to 180 cm** Finals Round 3  
(Posing Routines – 60 sec.)
75. **Men Classic Bodybuilding over 180 cm** Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
76. **Men Classic Bodybuilding over 180 cm** Finals Round 3  
(Posing Routines – 60 sec.)
77. **Junior Men Classic Bodybuilding open** Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
78. **Junior Men Classic Bodybuilding open** Finals Round 3  
(Posing Routines – 60 sec.)

**VICTORY CEREMONY:**

**- MEN CLASSIC BODYBUILDING UP TO 180 CM**

**- MEN CLASSIC BODYBUILDING OVER 180 CM**

**- JUNIOR MEN CLASSIC BODYBUILDING OPEN**

79. **MEN CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY**  
(4 quarter turns + 7 Mandatory Poses x 2 + Posedown)

# FRIDAY, SEPTEMBER 28<sup>th</sup>, 2018

## PRO STAGE

10:00 - 20:00 ONE CONTINUOUS SESSION

(MASTER MEN BODYBUILDING 40-44: 70 KG, 80 KG, 90 KG, +90 KG;  
MASTER MEN BODYBUILDING 45-49: 70 KG, 80 KG, 90 KG, +90 KG;  
MEN & WOMEN FITNESS SEMIFINALS

MEN CLASSIC PHYSIQUE 168 CM, 171 CM, 175 CM, 180 CM, +180 CM)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Master Men Bodybuilding age 45-49, up to 70 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
2. Master Men Bodybuilding age 45-49, up to 80 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
3. Master Men Bodybuilding age 45-49, up to 90 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
4. Master Men Bodybuilding age 45-49, over 90 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
5. Master Men Bodybuilding 45-49, up to 70 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
6. Master Men Bodybuilding 45-49, up to 80 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
7. Master Men Bodybuilding 45-49, up to 90 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
8. Master Men Bodybuilding 45-49, over 90 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
9. Master Men Bodybuilding 45-49, up to 70 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
10. Master Men Bodybuilding 45-49, up to 70 kg Finals Round 3  
(Posing Routines – 60 sec.)
11. Master Men Bodybuilding 45-49, up to 80 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
12. Master Men Bodybuilding 45-49, up to 80 kg Finals Round 3  
(Posing Routines – 60 sec.)
13. Master Men Bodybuilding 45-49, up to 90 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
14. Master Men Bodybuilding 45-49, up to 90 kg Finals Round 3  
(Posing Routines – 60 sec.)
15. Master Men Bodybuilding 45-49, over 90 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
16. Master Men Bodybuilding 45-49, over 90 kg Finals Round 3  
(Posing Routines – 60 sec.)

### VICTORY CEREMONY:

- MASTER MEN BODYBUILDING 45-49: UP TO 70 KG

- MASTER MEN BODYBUILDING 45-49: UP TO 80 KG

- MASTER MEN BODYBUILDING 45-49: UP TO 90 KG

- MASTER MEN BODYBUILDING 45-49: OVER 90 KG

(Masters Bodybuilding overall will be conducted the same day following the Master Bodybuilding 40-44 years class)

17. Women Fitness up to 163 cm Semifinals Round 1  
(Fitness Routines - 90 sec.)
18. Women Fitness over 163 cm Semifinals Round 1  
(Fitness Routines - 90 sec.)
19. Men Fitness open Semifinals Round 1  
(Fitness Routines - 90 sec.)

20. Master Men Bodybuilding age 40-44, up to 70 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
21. Master Men Bodybuilding age 40-44, up to 80 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
22. Master Men Bodybuilding age 40-44, up to 90 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
23. Master Men Bodybuilding age 40-44, over 90 kg Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
24. Master Men Bodybuilding 40-44, up to 70 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
25. Master Men Bodybuilding 40-44, up to 80 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
26. Master Men Bodybuilding 40-44, up to 90 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
27. Master Men Bodybuilding 40-44, over 90 kg Semifinals Round 1  
(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage
28. Women Fitness up to 163 cm Semifinals Round 2  
(4 Quarter Turns + Comparisons) > List of the Finalists
29. Women Fitness +163 cm Semifinals Round 2  
(4 Quarter Turns + Comparisons) > List of the finalist
30. Men Fitness open Semifinals Round 2  
(4 Quarter Turns + Comparisons.) > List of the finalists  
(Women Fitness **FINALS** will be run on Saturday on the Expo Stage)  
(Men Fitness **FINALS** will be run on Sunday on the Expo Stage)
31. Master Men Bodybuilding 40-44, up to 70 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
32. Master Men Bodybuilding 40-44, up to 70 kg Finals Round 3  
(Posing Routines – 60 sec.)
33. Master Men Bodybuilding 40-44, up to 80 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
34. Master Men Bodybuilding 40-44, up to 80 kg Finals Round 3  
(Posing Routines – 60 sec.)
35. Master Men Bodybuilding 40-44, up to 90 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
36. Master Men Bodybuilding 40-44, up to 90 kg Finals Round 3  
(Posing Routines – 60 sec.)
37. Master Men Bodybuilding 40-44, over 90 kg Finals Round 2  
(7 Mandatory Poses x 2 + Posedown)
38. Master Men Bodybuilding 40-44, over 90 kg Finals Round 3  
(Posing Routines – 60 sec.)
- VICTORY CEREMONY:**  
- **MASTER MEN BODYBUILDING 40-44: UP TO 70 KG**  
- **MASTER MEN BODYBUILDING 40-44: UP TO 80 KG**  
- **MASTER MEN BODYBUILDING 40-44: UP TO 90 KG**  
- **MASTER MEN BODYBUILDING 40-44: OVER 90 KG**
39. **MASTER MEN BODYBUILDING 40-44; 45-49; 50-54; +55 OVERALL + AWARDING**  
(7 Mandatory Poses x 2 + Posedown)
40. Men Classic Physique 168 cm Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
41. Men Classic Physique 171 cm Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage
42. Men Classic Physique 175 cm Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage

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| 43. Men Classic Physique up to 168 cm<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 44. Men Classic Physique up to 171 cm<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 45. Men Classic Physique up to 175 cm<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 46. Men Classic Physique up to 168 cm<br>(6 Mandatory Poses x 2 + Posedown)  | Finals     | Round 2 |
| 47. Men Classic Physique up to 168 cm<br>(Posing Routines – 60 sec.)   | Finals     | Round 3 |
| 48. Men Classic Physique up to 171 cm<br>(6 Mandatory Poses x 2 + Posedown)  | Finals     | Round 2 |
| 49. Men Classic Physique up to 171 cm<br>(Posing Routines – 60 sec.)   | Finals     | Round 3 |
| 50. Men Classic Physique up to 175 cm<br>(6 Mandatory Poses x 2 + Posedown)  | Finals     | Round 2 |
| 51. Men Classic Physique up to 175 cm<br>(Posing Routines – 60 sec.)   | Finals     | Round 3 |

**VICTORY CEREMONY:**

- MEN CLASSIC PHYSIQUE 168 CM
- MEN CLASSIC PHYSIQUE 171 CM
- MEN CLASSIC PHYSIQUE 175 CM

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|--|----------------------------|---------|
| 52. Men Classic Physique up to 180 cm<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage          | Elimination Round (if >15) |         |
| 53. Men Classic Physique over 180 cm<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage           | Elimination Round (if >15) |         |
| 54. Men Classic Physique up to 180 cm<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals                 | Round 1 |
| 55. Men Classic Physique over 180 cm<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage  | Semifinals                 | Round 1 |
| 56. Men Classic Physique up to 180 cm<br>(6 Mandatory Poses x 2 + Posedown)  | Finals                     | Round 2 |
| 57. Men Classic Physique up to 180 cm<br>(Posing Routines – 60 sec.)   | Finals                     | Round 3 |
| 58. Men Classic Physique over 180 cm<br>(6 Mandatory Poses x 2 + Posedown)   | Finals                     | Round 2 |
| 59. Men Classic Physique over 180 cm<br>(Posing Routines – 60 sec.)  | Finals                     | Round 3 |

**VICTORY CEREMONY:**

- MEN CLASSIC PHYSIQUE 180 CM
- MEN CLASSIC PHYSIQUE +180 CM

60. **MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns + 6 Mandatory Poses x 2 + Posedown)

**SATURDAY, SEPTEMBER 29<sup>th</sup>, 2018**

**EXPO STAGE**

**10:00 – 20:00 ONE CONTINUOUS SESSION**

**(WOMEN FITNESS FINALS; MASTER WOMEN BIKINI-FITNESS 163 CM,+163 CM; MUSCULAR MEN'S PHYSIQUE 175 CM, +175 CM; MEN'S PHYSIQUE 170 CM, 173 CM, 176 CM, 179 CM, 182 CM, 185 CM, +185 CM; WOMEN WELLNESS FITNESS 158 CM, 163 CM, +163 CM; JUNIOR WOMEN BIKINI FITNESS 160 CM, 166 CM, +166 CM)**

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so your athletes must be long in advance ready at the venue

61. **Master Women Bikini-Fitness up to 163 cm** Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
62. **Muscular Men Physique up top 175 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
63. **Master Women Bikini-Fitness over 163 cm** Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
64. **Muscular Men Physique over 175 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
65. **Master Women Bikini-Fitness up to 163 cm** Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
66. **Muscular Men Physique up to 175 cm** Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
67. **Master Women Bikini-Fitness over 163 cm** Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
68. **Muscular Men Physique over 175 cm** Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
69. **Master Women Bikini-Fitness up to 163 cm** Finals Round 2  
(I-walking+ 4 Quarter Turns x 2)
70. **Muscular Men Physique up to 175 cm** Finals Round 2  
(Individual Presentations + 4 Quarter Turns x 2)
71. **Master Women Bikini-Fitness over 163 cm** Finals Round 2  
(I-walking+ 4 Quarter Turns x 2)
72. **Muscular Men Physique over 175 cm** Finals Round 2  
(Individual Presentations + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**  
- **MASTER WOMEN BIKINI-FITNESS UP TO 163 CM**  
- **MASTER WOMEN BIKINI-FITNESS OVER 163 CM**  
- **MUSCULAR MEN PHYSIQUE UP TO 175 CM**  
- **MUSCULAR MEN PHYSIQUE OVER 175 CM**  
*(Master Bikini Fitness may take part in Bikini Fitness open classes run on Friday and Sunday on Expo Stage)*
73. **MUSCULAR MEN PHYSIQUE OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)
74. **MASTER WOMEN BIKINI-FITNESS OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)
75. **Women Fitness up to 163 cm** Finals Round 3  
(Fitness Routines - 90 sec.)
76. **Women Fitness over 163 cm** Finals Round 3  
(Fitness Routines - 90 sec.)
77. **Men Physique up to 170 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
78. **Men Physique up to 173 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
79. **Men Physique up to 176 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
80. **Junior Women Bikini-Fitness up to 160 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
81. **Women Wellness Fitness up to 158 cm** Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage



|   |                                      |                |
|---|--------------------------------------|----------------|
| 82. Men Physique up to 170 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                       | Semifinals                           | Round 1        |
| 83. Men Physique up to 173 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                       | Semifinals                           | Round 1        |
| 84. Men Physique up to 176 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                       | Semifinals                           | Round 1        |
| 85. <b>Junior Women Bikini-Fitness up to 160 cm</b><br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | <b>Semifinals</b>                    | <b>Round 1</b> |
| 86. <b>Women Wellness Fitness up to 158 cm</b><br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage      | <b>Semifinals</b>                    | <b>Round 1</b> |
| 87. Men Physique up to 170 cm<br>(Individual Presentations + 4 Quarter Turns x 2)   | Finals                               | Round 2        |
| 88. Men Physique up to 173 cm<br>(Individual Presentations + 4 Quarter Turns x 2)   | Finals                               | Round 2        |
| 89. Men Physique up to 176 cm<br>(Individual Presentations + 4 Quarter Turns x 2)   | Finals                               | Round 2        |
| 90. <b>Junior Women Bikini-Fitness up to 160 cm</b><br>(I-walking + 4 Quarter Turns x 2)  | <b>Finals</b>                        | <b>Round 2</b> |
| 91. <b>Women Wellness Fitness up to 158 cm</b><br>(I-walking + 4 Quarter Turns x 2)   | <b>Finals</b>                        | <b>Round 2</b> |
| <b>VICTORY CEREMONY:</b>  |                                      |                |
| - <b>MEN PHYSIQUE UP TO 170 CM</b>  |                                      |                |
| - <b>MEN PHYSIQUE UP TO 173 CM</b>  |                                      |                |
| - <b>MEN PHYSIQUE UP TO 176 CM</b>  |                                      |                |
| - <b>JUNIOR WOMEN BIKINI-FITNESS UP TO 160 CM</b>   |                                      |                |
| - <b>WOMEN WELLNESS FITNESS UP TO 158 CM</b>  |                                      |                |
| <i>(Junior Bikini Fitness may take part in Bikini Fitness open classes run on Friday and Sunday on Expo Stage)</i>                      |                                      |                |
| 92. Men Physique up to 179 cm<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage                                 | Elimination Round (if >15)           |                |
| 93. Men Physique up to 182 cm<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage                                 | Elimination Round (if >15)           |                |
| 94. <b>Junior Women Bikini-Fitness up to 166 cm</b><br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage           | <b>Elimination Round (if &gt;15)</b> |                |
| 95. <b>Women Wellness Fitness up to 163 cm</b><br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage                | <b>Elimination Round (if &gt;15)</b> |                |
| 96. Men Physique up to 179 cm<br>(4 Quarter Turns + Comparisons) > List of the Finalists backstage                                      | Semifinals                           | Round 1        |
| 97. Men Physique up to 182 cm<br>(4 Quarter Turns + Comparisons) > List of the Finalists backstage                                      | Semifinals                           | Round 1        |
| 98. <b>Junior Women Bikini-Fitness up to 166 cm</b><br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | <b>Semifinals</b>                    | <b>Round 1</b> |
| 99. <b>Women Wellness Fitness up to 163 cm</b><br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage      | <b>Semifinals</b>                    | <b>Round 1</b> |
| 100. Men Physique up to 179 cm<br>(Individual Presentations + 4 Quarter Turns x 2)  | Finals                               | Round 2        |
| 101. Men Physique up to 182 cm<br>(Individual Presentations + 4 Quarter Turns x 2)  | Finals                               | Round 2        |
| 102. <b>Junior Women Bikini-Fitness up to 166 cm</b><br>(I-walking + 4 Quarter Turns x 2)   | <b>Finals</b>                        | <b>Round 2</b> |
| 103. <b>Women Wellness Fitness up to 163 cm</b><br>(I-walking + 4 Quarter Turns x 2)  | <b>Finals</b>                        | <b>Round 2</b> |
| 104. <b>Women Fitness up to 163 cm</b><br>(4 Quarter Turns x 2)   | <b>Finals</b>                        | <b>Round 4</b> |
| 105. <b>Women Fitness over 163 cm</b><br>(4 Quarter Turns x 2)  | <b>Finals</b>                        | <b>Round 4</b> |

**VICTORY CEREMONY:**

- **MEN PHYSIQUE UP TO 179 CM**
- **MEN PHYSIQUE UP TO 182 CM**
- **JUNIOR WOMEN BIKINI FITNESS UP TO 166 CM**
- **WOMEN WELLNESS FITNESS UP TO 163 CM**
- **WOMEN FITNESS UP TO 163 CM**
- **WOMEN FITNESS OVER 163 CM**

*(Junior Bikini Fitness may take part in Bikini Fitness open classes run on Friday and Sunday on Expo Stage)*

**106. WOMEN FITNESS OVERALL + AWARDING CEREMONY**

*(4 Quarter Turns)*

- |      |   |                             |         |
|------|---|-----------------------------|---------|
| 107. | Men Physique up to 185 cm<br><i>(4 Quarter Turns in groups of 5) &gt; List of the Semifinalists backstage</i>                         | Elimination Round (if >15)  |         |
| 108. | Men Physique over 185 cm<br><i>(4 Quarter Turns in groups of 5) &gt; List of the Semifinalists backstage</i>                          | Elimination Round (if >15)  |         |
| 109. | Junior Women Bikini-Fitness over 166 cm<br><i>(4 Quarter Turns in groups of 5) &gt; List of the Semifinalists backstage</i>           | Elimination Rounds (if >15) |         |
| 110. | Women Wellness Fitness over 163 cm<br><i>(4 Quarter Turns in groups of 5) &gt; List of the Semifinalists backstage</i>                | Elimination Round (if >15)  |         |
| 111. | Men Physique up to 185 cm<br><i>(4 Quarter Turns in groups of 5 + Comparisons) &gt; List of the Finalists backstage</i>               | Semifinals                  | Round 1 |
| 112. | Men Physique over 185 cm<br><i>(4 Quarter Turns in groups of 5 + Comparisons) &gt; List of the Finalists backstage</i>                | Semifinals                  | Round 1 |
| 113. | Junior Women Bikini-Fitness over 166 cm<br><i>(4 Quarter Turns in groups of 5 + Comparisons) &gt; List of the Finalists backstage</i> | Semifinals                  | Round 1 |
| 114. | Women Wellness Fitness over 163 cm<br><i>(4 Quarter Turns in groups of 5 + Comparisons) &gt; List of the Finalists backstage</i>      | Semifinals                  | Round 1 |
| 115. | Men Physique up to 185 cm<br><i>(Individual Presentations + 4 Quarter Turns x 2)</i>  | Finals                      | Round 2 |
| 116. | Men Physique over 185 cm<br><i>(Individual Presentations + 4 Quarter Turns x 2)</i>   | Finals                      | Round 2 |
| 117. | Junior Women Bikini-Fitness over 166 cm<br><i>(I-walking + 4 Quarter Turns x 2)</i>   | Finals                      | Round 2 |
| 118. | Women Wellness Fitness over 163 cm<br><i>(I-walking + 4 Quarter Turns x 2)</i>  | Finals                      | Round 2 |

**VICTORY CEREMONY:**

- **MEN PHYSIQUE UP TO 185 CM**
- **MEN PHYSIQUE OVER 185 CM**
- **JUNIOR WOMEN BIKINI FITNESS OVER 166 CM**
- **WOMEN WELLNESS FITNESS OVER 163 CM**

*(Junior Bikini Fitness may take part in Bikini Fitness open classes run on Friday and Sunday on Expo Stage)*

**119. MEN PHYSIQUE OVERALL + AWARDING CEREMONY**

*(4 Quarter Turns x 2)*

**120. JUNIOR WOMEN BIKINI FITNESS OVERALL + AWARDING CEREMONY**

*(4 Quarter Turns x 2)*

**121. WOMEN WELLNESS FITNESS OVERALL + AWARDING CEREMONY**

*(4 Quarter Turns x 2)*

# SATURDAY, SEPTEMBER 29<sup>th</sup>, 2018

## PRO STAGE

10:00 - 14:00 ONE CONTINUOUS SESSION

(JUNIOR MEN PHYSIQUE 174 CM, 178 CM, +178 CM; WOMEN BODYFITNESS 158 CM, 163 CM, 168 CM, +168 CM; MASTER WOMEN PHYSIQUE OPEN;)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Men's Physique up to 174 cm Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  2. Junior Men's Physique up to 178 cm Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  3. Junior Men's Physique +178 cm Elimination Round (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  4. Junior Men's Physique up to 174 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
  5. Junior Men's Physique up to 178 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
  6. Junior Men's Physique +178 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
  7. Junior Men's Physique up to 174 cm Finals Round 2  
(Individual Presentations + 4 Quarter Turns x 2)
  8. Junior Men's Physique up to 178 cm Finals Round 2  
(Individual Presentations + 4 Quarter Turns x 2)
  9. Junior Men's Physique +178 cm Finals Round 2  
(Individual Presentations + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**  
- JUNIOR MEN'S PHYSIQUE UP TO 174 CM  
- JUNIOR MEN'S PHYSIQUE UP TO 178 CM  
- JUNIOR MEN'S PHYSIQUE OVER 178 CM  
(Junior Men Physique may take part in Men Physique open classes run later this day on Expo Stage)
10. **JUNIOR MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)
  11. Women Bodyfitness up to 158 cm Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  12. Women Bodyfitness up to 163 cm Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  13. Women Bodyfitness up to 158 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
  14. Women Bodyfitness up to 163 cm Semifinals Round 1  
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
  15. Women Bodyfitness up to 158 cm Finals Round 2  
(I-walking + 4 Quarter Turns x 2)
  16. Women Bodyfitness up to 163 cm Finals Round 2  
(I-walking + 4 Quarter Turns x 2)
  17. Women Bodyfitness up to 168 cm Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  18. Women Bodyfitness over 168 cm Elimination Rounds (if >15)  
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
  19. Master Women's Physique open Elimination Round (if >15)  
(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage

- |   |                   |                |
|---|-------------------|----------------|
| 20. Women Bodyfitness up to 168 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                          | Semifinals        | Round 1        |
| 21. Women Bodyfitness over 168 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                           | Semifinals        | Round 1        |
| 22. <b>Master Women's Physique open</b><br>(4 Quarter Turns + 4 Mandatory Poses in groups of 5 + Comparisons) > List of the Finalists backstage | <b>Semifinals</b> | <b>Round 1</b> |
| 23. Women Bodyfitness up to 168 cm<br>(I-walking + 4 Quarter Turns x 2)   | Finals            | Round 2        |
| 24. Women Bodyfitness over 168 cm<br>(I-walking + 4 Quarter Turns x 2)  | Finals            | Round 2        |
| 25. <b>Master Women's Physique open</b><br>(4 Mandatory Poses x 2 + Posedown)   | <b>Finals</b>     | <b>Round 2</b> |
| 26. <b>Master Women's Physique open</b><br>(Posing Routines – 60 sec.)  | <b>Finals</b>     | <b>Round 3</b> |

**VICTORY CEREMONY:**

- **WOMEN BODYFITNESS UP TO 158 CM**
- **WOMEN BODYFITNESS UP TO 163 CM**
- **WOMEN BODYFITNESS UP TO 168 CM**
- **WOMEN BODYFITNESS OVER 168 CM**
- **MASTER WOMEN'S PHYSIQUE OPEN**

*(Master Women Physique may take part in Women Physique open classes run on Sunday on Expo Stage)*

27. **WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)

**SUNDAY, SEPTEMBER 30<sup>th</sup>, 2018**

**EXPO STAGE**

**10:00 - 18:00 ONE CONTINUOUS SESSION**

**(MEN'S BODYBUILDING: 70 KG, 75 KG, 80 KG, 85 KG, 90 KG, 95 KG, 100 KG, +100 KG;  
WOMEN PHYSIQUE 163 CM, OVER 163 CM; MEN FITNESS FINALS;  
WOMEN BIKINI FITNESS 166 CM, 169 CM, 172 CM, +172 CM)**

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

*It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue*

- |  |                             |         |
|--|-----------------------------|---------|
| 1. Men Bodybuilding up to 70 kg<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage          | Elimination Round (if >15)  |         |
| 2. Men Bodybuilding up to 75 kg<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage          | Elimination Round (if >15)  |         |
| 3. Men Bodybuilding up to 70 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals                  | Round 1 |
| 4. Men Bodybuilding up to 75 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage | Semifinals                  | Round 1 |
| 5. Men Bodybuilding up to 70 kg<br>(7 Mandatory Poses x 2 + Posedown)  | Finals                      | Round 2 |
| 6. Men Bodybuilding up to 70 kg<br>(Posing Routines – 60 sec.)   | Finals                      | Round 3 |
| 7. Men Bodybuilding up to 75 kg<br>(7 Mandatory Poses x 2 + Posedown)  | Finals                      | Round 2 |
| 8. Men Bodybuilding up to 75 kg<br>(Posing Routines – 60 sec.)   | Finals                      | Round 3 |
| 9. Women Bikini Fitness up to 166 cm<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage       | Elimination Rounds (if >15) |         |

- |     |  |                             |         |
|-----|--|-----------------------------|---------|
| 10. | Men Bodybuilding up to 80 kg<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage                               | Elimination Round (if >15)  |         |
| 11. | Women Bikini Fitness up to 166 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                  | Semifinals                  | Round 1 |
| 12. | Men Bodybuilding up to 80 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage                      | Semifinals                  | Round 1 |
| 13. | Women Bikini Fitness up to 166 cm<br>(I-walking + 4 Quarter Turns x 2)   | Finals                      | Round 2 |
| 14. | Men Bodybuilding up to 80 kg<br>(7 Mandatory Poses x 2 + Posedown)   | Finals                      | Round 2 |
| 15. | Men Bodybuilding up to 80 kg<br>(Posing Routines – 60 sec.)  | Finals                      | Round 3 |
|     | <b>VICTORY CEREMONY:</b>   |                             |         |
|     | - MEN BODYBUILDING 70 KG   |                             |         |
|     | - MEN BODYBUILDING 75 KG   |                             |         |
|     | - MEN BODYBUILDING 80 KG   |                             |         |
|     | - WOMEN BIKINI-FITNESS UP TO 166 CM  |                             |         |
| 16. | Women Bikini Fitness up to 169 cm<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage                            | Elimination Rounds (if >15) |         |
| 17. | Women's Physique up to 163 cm<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage                              | Elimination Round (if >15)  |         |
| 18. | Women's Physique over 163 cm<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage                               | Elimination Round (if >15)  |         |
| 19. | Men Bodybuilding up to 85 kg<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage                               | Elimination Round (if >15)  |         |
| 20. | Men Bodybuilding up to 90 kg<br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage                               | Elimination Round (if >15)  |         |
| 21. | Women Bikini Fitness up to 169 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage                  | Semifinals                  | Round 1 |
| 22. | Women Physique up to 163 cm<br>(4 Mandatory Poses + Comparisons: 4 Quarter Turns +4 Mandatory Poses) > List of the Finalists backstage | Semifinals                  | Round 1 |
| 23. | Men Bodybuilding up to 85 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage                      | Semifinals                  | Round 1 |
| 24. | Women Physique over 163 cm<br>(4 Mandatory Poses + Comparisons: 4 Quarter Turns +4 Mandatory Poses) > List of the Finalists backstag   | Semifinals                  | Round 1 |
| 25. | Men Bodybuilding up to 90 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage                      | Semifinals                  | Round 1 |
| 26. | Women Bikini Fitness up to 169 cm<br>(I-walking + 4 Quarter Turns x 2)   | Finals                      | Round 2 |
| 27. | Men Bodybuilding up to 85 kg<br>(7 Mandatory Poses x 2 + Posedown)   | Finals                      | Round 2 |
| 28. | Men Bodybuilding up to 85 kg<br>(Posing Routines – 60 sec.)  | Finals                      | Round 3 |
| 29. | Women Physique up to 163 cm<br>(4 Mandatory Poses x 2 + Posedown)  | Finals                      | Round 2 |
| 30. | Women Physique up to 163 cm<br>(Posing Routines – 60 sec.)   | Finals                      | Round 3 |
| 31. | Men Bodybuilding up to 90 kg<br>(7 Mandatory Poses x 2 + Posedown)   | Finals                      | Round 2 |
| 32. | Men Bodybuilding up to 90 kg<br>(Posing Routines – 60 sec.)  | Finals                      | Round 3 |
| 33. | Women Physique over 163 cm<br>(4 Mandatory Poses x 2 + Posedown)   | Finals                      | Round 2 |

- |  |   |                             |         |
|--|---|-----------------------------|---------|
| 34.  | <b>Women Physique over 163 cm</b><br>(Posing Routines – 60 sec.)<br><b>VICTORY CEREMONY:</b><br>- <b>WOMEN BIKINI-FITNESS UP TO 169 CM</b><br>- <b>MEN BODYBUILDING 85 KG</b><br>- <b>MEN BODYBUILDING 90 KG</b><br>- <b>WOMEN PHYSIQUE UP TO 163 CM</b><br>- <b>WOMEN PHYSIQUE OVER 163 CM</b> | Finals                      | Round 3 |
| 35. <b>WOMEN PHYSIQUE OVERALL + AWARDING CEREMONY</b><br>(4 Mandatory Poses) |   |                             |         |
| 36.  | Women Bikini Fitness up to 172 cm<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage   | Elimination Rounds (if >15) |         |
| 37.  | <b>Men Bodybuilding up to 95 kg</b><br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage   | Elimination Round (if >15)  |         |
| 38.  | <b>Men Bodybuilding up to 100 kg</b><br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage  | Elimination Round (if >15)  |         |
| 39.  | Women Bikini Fitness up to 172 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage   | Semifinals                  | Round 1 |
| 40.  | Men Bodybuilding up to 95 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backs   | Semifinals                  | Round 1 |
| 41.  | Men Bodybuilding up to 100 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage  | Semifinals                  | Round 1 |
| 42.  | Men Bodybuilding up to 95 kg<br>(7 Mandatory Poses x 2 + Posedown)  | Finals                      | Round 2 |
| 43.  | Men Bodybuilding up to 95 kg<br>(Posing Routines – 60 sec.)   | Finals                      | Round 3 |
| 44.  | Women Bikini Fitness up to 172 cm<br>(I-walking + 4 Quarter Turns x 2)  | Finals                      | Round 2 |
| 45.  | Men Bodybuilding up to 100 kg<br>(7 Mandatory Poses x 2 + Posedown)   | Finals                      | Round 2 |
| 46.  | Men Bodybuilding up to 100 kg<br>(Posing Routines – 60 sec.)<br><b>VICTORY CEREMONY:</b><br>- <b>MEN BODYBUILDING 95 KG</b><br>- <b>MEN BODYBUILDING 100 KG</b><br>- <b>WOMEN BIKINI-FITNESS UP TO 172 CM</b>   | Finals                      | Round 3 |
| 47.  | <b>Men Fitness open</b><br>(Fitness Routines - 90 sec.)   | Finals                      | Round 3 |
| 48.  | Women Bikini Fitness over 172 cm<br>(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage  | Elimination Rounds (if >15) |         |
| 49.  | <b>Men Bodybuilding over 100 kg</b><br>(4 Mandatory Poses in groups of 5) > List of the Semifinalists backstage   | Elimination Round (if >15)  |         |
| 50.  | Women Bikini Fitness over 172 cm<br>(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage  | Semifinals                  | Round 1 |
| 51.  | Men Bodybuilding over 100 kg<br>(4 Mandatory Poses in groups of 5, Comparisons) > List of the Finalists backstage   | Semifinals                  | Round 1 |
| 52.  | <b>Men Fitness open</b><br>(4 Quarter Turns x 2)  | Finals                      | Round 4 |
| 53.  | Women Bikini Fitness over 172 cm<br>(I-walking + 4 Quarter Turns x 2)   | Finals                      | Round 2 |
| 54.  | Men Bodybuilding over 100 kg<br>(7 Mandatory Poses x 2 + Posedown)  | Finals                      | Round 2 |

55. Men Bodybuilding over 100 kg  
(Posing Routines – 60 sec.)

Finals

Round 3

**VICTORY CEREMONY:**

**- MEN FITNESS OPEN**

**- WOMEN BIKINI-FITNESS OVER 172 CM**

**- MEN BODYBUILDING OVER 100 KG**

56. **WOMEN BIKINI FITNESS OVERALL + AWARDING CEREMONY**  
(4 Quarter Turns x 2)

57. **MEN BODYBUILDING OVERALL + AWARDING CEREMONY**  
(7 Mandatory Poses x 2 + Posedown)

**MONDAY, OCTOBER 01<sup>st</sup>, 2018**

**DEPARTURES**