

Diamond Cup France 2019
13 – 14 APRIL 2019

INSPECTION REPORT

19 Pro cards

Dear Friends,

On behalf of the AFBBF, with President Rafael Santonja IFBB International President, we are pleased to invite you to participate in the first edition in France of the Diamond Cup France to be held on April 13 and 14, 2019 in Rivesaltes, France. This will be an opportunity for most of you to discover our beautiful region.

Please find enclosed the contest rules and other necessary information. We hope that many of you will be able to join us for this event and make it a more success event . We are looking forward to welcoming you to Rivesaltes.

Sincerely yours,

Mario VALERO, (French Bodybuilding & Fitness Federation President, IFBB affiliated)

The IFBB French Bodybuilding & Fitness Federation and the city of Rivesaltes extend a warm welcome to all IFBB National Federations from the Diamond Cup France.

LOCATION: Salle du Dôme (Rivesaltes)



HOTELS:

Located in Rivesaltes, these hotels will be used to welcome the official participants (athletes, delegates, additional delegates).

KIRIAD (Péage Perpignan Nord, 66600 Rivesaltes) Tél: +33 4 68 64 68 68

PREMIERE CLASSE (Sortie 41 Mas de la Garrigue, 66600 Rivesaltes)

Tél: + 33 4 68 64 68 68

CAMPANILE (Péage Perpignan Nord, 66600 Rivesaltes)

Mass de la Garrigue Tél: +33 4 68 38 55 38

Hôtel Novotel Perpignan Rivesaltes
7 Avenue Alfred Sauvy, 66600 Rivesaltes
Tél : +33 4 68 64 02 22

IMPORTANT INFORMATION

All the costs of travelling, hotel accommodations, transport from and to the airport, venue and meals are the responsibilities of National Federations or individual athletes. Check with your National Federation for more information.

PARTICIPATION

The contest is open for all IFBB/EBFF-affiliated National Federations from Europe. The number of participating athletes is unlimited.

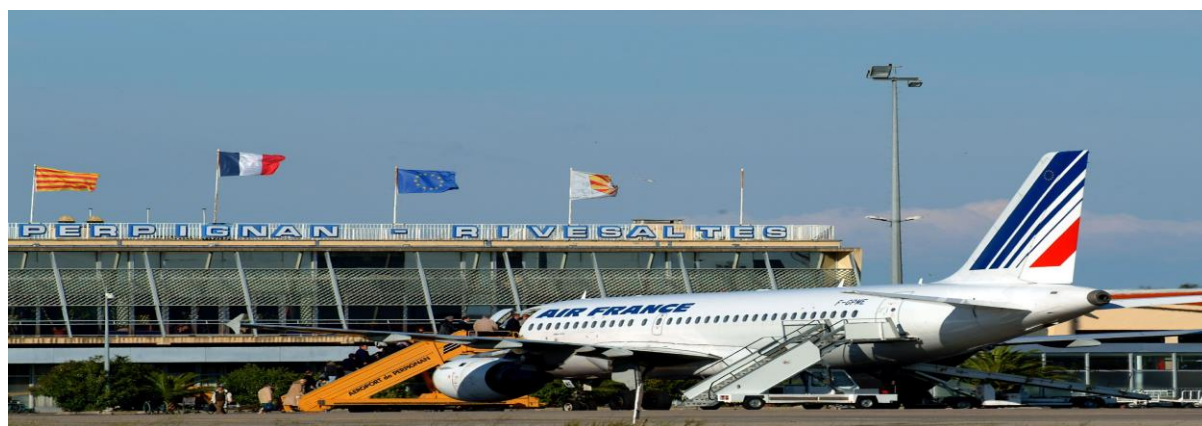
Online Pre-Registration of athletes will only be considered if they are recommended by the National Federation of the athlete by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid not later than Mars 31th, 2019 (Friday). The final decision to allow an athlete to compete in this event rests with the IFBB.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any event either at National or international level, Official or Invitational.

ARRIVAL / AIRPORT:

Aéroport de Perpignan – Rivesaltes



VISAS:

A valid passport is required to enter France. Citizens of EU countries do not need a visa. All other countries should consult the French Embassy in their country or travel agents, to find out if visas are required. And, if necessary, please send us the names of the athletes to obtain visas. An official letter of invitation will be made available if needed.

REGISTRATION

Registration and weight-in will be run on Saturday, April 13th, 2019, from 10:00 to 20:00 at the Hôtel Campanil. All athletes will have to produce their Passports & IFBB International Cards at the registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR 35** and are mandatory. All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification. The use of profane, vulgar & offensive language is strictly prohibited in the posing music. You will receive your tags or wrist band for athletes and coaches at the registration.

IFBB REGISTRATION FEE:

All athletes must wear their posing attire during weight-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and Tanning must be in accordance with the IFBB rules. Any Tanning which can be wiped off is not allowed.

REGISTRATION FEE Registration fee for athletes to enter this competition is **EUR 200** per participant, which have to paid in advance by credit/debit card or PayPal at IFBB webpage: <http://www.ifbb.com/competition-registration> for your best comfort and convenience.

Please add your name during online payment and bring a copy of your payment confirmation to the registration. For Masters wishing to compete in the second category, the additional fee will be **EUR 100**.

The deadline date to do the online payment is **Mars 31th, 2019 (Monday)**. On Mars 31th, 24:00 hrs the online payment system will be switched off. If paying at the Registration on April 13th, 2019, an extra fee of EUR 50 per participant will be charged.

JUDGES To be taken into consideration during selection of judge's panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their 2019 valid International Judge Card to Diamond Cup France.

The yearly judge fee for 2019 of EUR 50 may also be paid at the Diamond Cup in France.

BACKSTAGE ACCES

A limited number of backstage-passes will be in stock for sale (30 Euro) during the registration. This pass will allow the holder to go in and out of the venue during the weekend and will give access **ONLY** to the backstage area.

CATEGORIES OPEN FOR THIS COMPETITION

MEN's BODYBUILDING

MASTERS (+40 years old) - OPEN

Up to & including 75 kg

Up to & including 80 kg

Up to & including 90 kg

Up to & including 100 kg

Over 100 kg

CLASSIC BODYBUILDING

Up to & including 175 cm

Over 175 cm

MEN CLASSIC PHYSIQUE – open

MEN PHYSIQUE

JUNIORS (16-23 years old) OPEN

MASTERS (+40 years old) - OPEN

Up to & including 173 cm

Up to & including 179 cm

Up to & including 182 cm

Over 182 cm

MUSCULAR MEN'S PHYSIQUE – OPEN

WOMEN PHYSIQUE – OPEN

WOMEN WELLNESS FITNESS – OPEN

WOMEN BODYFITNESS

Up to & including 163 cm

Over 163 cm

WOMEN BIKINI FITNESS

JUNIORS (16-23 years) - OPEN

MASTERS (+35 years old) - OPEN

Up to & including 160 cm

Up to & including 164 cm

Up to & including 169 cm

Up to including 172 cm

Over 172 cm

*Classic Bodybuilding & Classic Physique height/weight limits on www.ifbb.com

Minimum number of competitors to run a category should be 5. If less than 5 athletes, categories will be combined, wherever possible. If less than 5 athletes in category, no points will be awarded to the IFBB World Ranking.

AWARDS

- Top six athletes in each category will be awarded with medals or trophies and

certificates.

- Overall winner in each discipline will have a trophy.
- Top 5 athletes in Men's & Women's senior categories will be awarded points to the 2019 IFBB World Ranking according to the World Ranking Rules.
- Top 3 National Teams will receive a trophy.
- IFBB Elite Pro Cards for the top three overall category winners in Men's Physique, Classic Bodybuilding & Bodybuilding as well as in Women's Bodyfitness and Women's Bikini Fitness (after applications through their National Federations).
- IFBB Elite Pro Card for the open category winner in Muscular Men's Physique, Men's Classic Physique, Women's Physique & Women's Wellness Fitness (after application through their National Federations).

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

VISAS

A valid passport is required to enter France (Schengen Zone) More information https://en.wikipedia.org/wiki/Visa_of_the_Schengen_Area

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visa.

- A copy of passport
- Where the attendant will have his or her accommodation

If the visa is not granted, the Cancellation Policies for the championship will still apply an athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

CREDIT CARDS

International credit cards such as Visa, MasterCard and American Express are widely accepted at most major hotels, stores & restaurants. PASSPORT /

MUSIC:

All competitors must provide their passport and music at the weigh-in. The music must be on CD or USB pen drive. The names of the athletes must be affixed on the top of CD for identification.

IMPORTANT NOTICE

The use of profane, vulgar and / or offensive language is strictly prohibited in posing music.

PLEASE DO NOT FAX/EMAIL YOUR NOMINATIONS TO IFBB HEADQUARTERS.

All international judges must bring their International Judge's Cards.

IMPORTANT NOTICE

All judges who wish to be included in the judging panels at these Championships should be specified in the Final Entry Form. The test judges should be specified there as well. Judges have to pay the yearly judges license fee of EUR €50 for the 2019. This fee may be paid at the Championships. Test judges should pay a test fee of EUR €50. This fee may be paid at the Championships. All judges must attend the Judges/Team Managers Meeting.

If the above conditions haven't been met, judges will not be able to carry out their duties at the Championships.

MEDIA ACCREDITATION:

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing and IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at info@ifbb.com no later than April 10, 2019.

COMPETITOR INFORMATION FORM:

This form must be completed by each competitor BEFORE the weight-in and must be given to the IFBB Registrar at the weight-in. This information is used to promote the competitor in the press, on TV, the website and other media.

BACKSTAGE ACCESS/DRESSING ROOM ACCESS:

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/VIDEOTAPE EQUIPMENT:

Camera and/or videotape equipment shall be strictly prohibited in the backstage and dressing room areas except when used by IFBB-authorized persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

CURRENCY:

The national currency in France is Euro €. All major credit cards are widely accepted at most major hotels, department stores and restaurants.

CLIMATE:

During the month of April, the average temperature is 18 °C.

ELECTRICAL CURRENT:



The electric outlet is 220 V, 50 Hz. Plug / socket of type E. If other type of a plug, you may need an adapter.

LANGUAGE:

The Official language in France is French. English is widely spoken in hotels, restaurants, banks, shopping centers and tourist areas.

MISREPRESENTATION:

Misrepresentation is a serious breach of the IFBB Code of Ethics and occurs when an «Official» of a National Federation deliberately misrepresents the number of Athletes and Delegates, so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet and other amenities at the expenses of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the weigh-in or, once having officially registered, fail to compete. Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

MEDICAL WITHDRAWAL:

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

PRELIMINARY ENTRY FORM:

The deadline date for the Preliminary Entry Form is Mars 15th, 2019. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your federations intend to participate. If at this time you do not know the actual names of the Official Participants (Athletes and Delegates, including Judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

FINAL ENTRY FORM:

The deadline date for the Final Entry Form is Mars **31th**, 2019. National Federations must submit the actual names of all Official Participants (Athletes by category and Delegates, including Judges).

It is the responsibility of the President or General-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/or delegates are travelling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.

CORRESPONDENCE/CONTACT INFORMATION:

AFBBF-IFBB Federation:

E-mail: afbbf.ifbb.f@free.fr

Please copy all correspondence to:

IFBB HEAD OFFICE

E-mail: info@ifbb.com

Web: www.ifbb.com

IFBB Technical Committee

Eng. [Andrew Michalak](#)

E-mail: amichalak5@gmail.com

TENTATIVE SCHEDULE OF ACTIVITIES

The following Schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

FRIDAY, 12th of April 2019: (Officials arrival)

SATURDAY, 13th of April 2019:

10:00 – 20:00 Registration / weight-in, Hôtel Campanile

18:00 – Team Managers and Judges Meeting

SUNDAY, 14st of April 2019:

10:00 – 20:00 Prejudging & Finals of all categories