



IFBB President, Dr. Rafael Santonja and Giovanni Arendsz, President of the Aruba Bodybuilding & Fitness Federation extend a warm welcome to all IFBB-affiliated, National Federations wishing to participate in the 2019 Giovanni Classic Aruba to be held in Oranjestad, Aruba on the 17th and 18th of August 2019.

Bon Bini! Welcome to Aruba!

Located 15 miles north of Venezuela in the warm waters of the southern Caribbean, Aruba is home to beautiful white-sand beaches, 82-degree days, and some of the warmest people in the world. Aruba's rich, multicultural past is reflected in the, cuisine, architecture and the warm, friendly people. What began as a fishing outpost for Amerindians has changed hands between the Spanish and Dutch throughout the centuries, and is now a diverse constituent country of the Netherlands.

The Island is 19.6 miles long and 6 miles across, with a total area of 70 square miles. Located just below the hurricane belts, and unlike many of the other islands in the Caribbean, the climate is dry, so rarely does it rain. On the south and west coasts of Aruba you'll find Oranjestad, the capital city, and miles of beaches which have been named the best in the world. Here you will find most of the hotels, all-inclusive resorts, and Queen Beatrix International Airport (AUA).

The interior of the island is desert like and it is where you will find Arikok National Park, a preserve with a variety of wildlife, cacti and dramatic rock formations. You will also find some of Aruba's most striking views, as the ocean crashes against the rugged shoreline. On the northeast coast, along the windward shore, you will see the island's unofficial mascots, the Fofoti Tree. The constant trade winds have permanently sculpted them into graceful, southwesterly bending forms.

Language:

Most Arubans speak at least four languages': English, Spanish, the native language of Papiamentu as well as the official language of Dutch.



Travel to Aruba:

Travel to Aruba from the USA, Canada, South America, Europe and the Caribbean is possible via most major carriers, either non-stop or with convenient connections. A current passport is required. American, Canadian, and EU citizens do not require visas, nor do most South Americans: e.g. Colombia & Venezuela nationals.



Upon arrival in Aruba a tourist must have:

- A passport that is valid upon entry and for the duration of stay in Aruba. If the tourist holds a passport from a visa required country (list A), he/she must have a valid visa sticker in his/her passport;
- A completely filled-in and signed Embarkation and Disembarkation card (ED- card);
- A valid return- or onward ticket;
- The necessary documents for returning to the country of origin or to a country that he/she has the right to enter, for example a valid residence permit (temporary or permanent), a re-entry permit or a (entry) visa;

- If so requested, the tourist has to be able to prove to the satisfaction of the migration officer that he/she has a valid reservation for an accommodation in Aruba (e.g. hotel or apartment) or that he/she owns property in Aruba (a residence, condominium, apartment, timeshare apartment or a pleasure yacht moored in Aruba with a length of at least 14 meters (46 feet) measured at the nominal water line);
- If so requested, the tourist has to be able to prove to the satisfaction of the migration officer to dispose of adequate financial means to provide for hotel expenses (if applicable) and living expenses during his/her stay or that he/she has a declaration of guarantee from a legal resident of Aruba.



LIST A. NATIONALS WHO NEED A VISA TO TRAVEL TO ARUBA

Nationals of one the following countries need a visa to travel to Aruba:

Afghanistan	Fiji	Morocco	Syria
Algeria	Gabon	Mozambique	Tajikistan
Angola	Gambia	Myanmar	Tanzania
Armenia	Georgia	Namibia	Thailand
Azerbaijan	Ghana	Nauru	Togo
Bahrain	Guinea Republic	Nepal	Tonga
Bangladesh	Guinee-Bissau	Niger	Turkmenistan
Belarus	Haiti	Nigeria	Tunisia
Benin	India	North Korea	Turaku
Bhutan	Indonesia	Northern Mariana Isl.	Turkey
Bolivia	Iran	Oman	Tuvalu
Botswana	Iraq	Pakistan	Uganda
Burkina Faso	Jamaica	Palau	Ukraine
Burundi	Jordan	Palestinian National	Uzbekistan
Cambodia	Kazakhstan	Authority	Vanuatu
Cameroon	Kenya	Papua New Guinea	Vietnam
Cape Verde Islands	Kiribati	Peru	Yemen
Central Africa Rep.	Kuwait	Philippines	Zambia
Chad	Kyrgyzstan	Qatar	Zimbabwe
China (People's Rep.)	Laos	Rwanda	
Comoros Isl.	Lebanon	Russian Federation	
Congo (Brazzaville)	Lesotho	Samoa	
Congo (Kinshasa)	Liberia	Sao Tomé and Principe	
Cote d'Ivoire	Libya	Saudi Arabia	
Cuba	Madagascar	Senegal	
Djibouti	Malawi	Sierra Leone	
Dominican Republic	Maldives	Solomon Islands	
East Timor	Mali	Somalia	
Egypt	Marshall Islands	South Africa	
Equatorial Guinea	Mauritania	Sri Lanka	
Eritrea	Micronesia	Sudan	
Ethiopia	Mongolia	Swaziland	

The final authorization for admission to Aruba remains with the migration officer at the border-crossing/port of entry. The migration authorities at the border- crossing/port of entry have the authority to grant or refuse admission. Admission can be refused if not all admission requirements are fulfilled by the time of entering Aruba or if the tourist has been blacklisted. Holding a valid visa does not guarantee entry into Aruba.

An Official letter of Invitation will be made available if required.

It is the National Federation's responsibility to obtain an entry visa for Aruba. All National Federations could ask for an invitation letter either to the Championship Organizer or IFBB. This invitation letter does not mean you are granted your visa.

IFBB and Championship organizer are not responsible for attendants' visas.

To receive invitation letter, the application should forward the following information to the IFBB or Championship Organizer:

- A copy (scan) of passport

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing committee of an IFBB sanctioned event for visa purposes and used this visa to unlawfully stay in the host country or any other country, will be subject to the disciplinary proceedings and measures.

IMPORTANT INFORMATION

All costs of traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the National Federations and/or the individual athletes. Check with your National federation for more information.

Getting Around:

There is daily bus service all along the hotel strip.

There is bus service every 15 minutes from 5:45 am until 6 pm; buses then run every 40 minutes until 11:30 pm. The central bus station in downtown Oranjestad is located across the road from the cruise terminal next to Royal Plaza.

Money:

The currency in Aruba is Florins. To change florins to US dollars, divide florin amount in half and add 10%. This formula will be especially useful when shopping in supermarkets. Exchange rate for US dollars is Awg 1.77 for cash and Awg 1.78 for traveler's checks. (Awg 1.75 at supermarkets and gas stations / Awg 1.80 at shops and restaurants). Some shops will not accept US \$ 50 or US \$ 100 due to worldwide counterfeiting. All major credit cards and travelers checks are accepted

For more info on the new bank notes go to:

<http://www.cbaruba.org/newbanknotes2019>



Venue:

Cas di Cultura Theatre and Cultural Center

Vondellaan 2, Oranjestad, Aruba

Phone: +297 582 1010

E-mail: Info@casdicultura.aw

<https://www.casdicultura.aw/>

Directions

Route: When you drive from the airport to the city/hotels after 3 minutes you will find a big roundabout (Las Americas) with tall palm trees. Cas di Cultura lies to your right, across from this roundabout



Accommodation

Talk of the Town Hotel & Beach Club

Lloyd G. Smith Blvd 2, Oranjestad, Aruba

Phone: 297 5243300

<https://tottaruba.com/>



Special rates

Visit our website tottaruba.com, once in the booking channel you will select the option "Add Group", select: "Group Attendee" and add the **GAC19** code, this will take you to the different room options.

Or

The other option is visiting directly:

<https://reservations.travelclick.com/85440?groupID=2569665>



Camacuri Residence & Apartments

Avenida Milio Croes 46B

Oranjestad, Aruba

Phone: +297 582 6805

<https://www.camacuriapartmentsaruba.com/>

For special rates:

Contact info@camacuri.com



Juanedu Suites Aruba

Morgenster 60, Oranjestad, Aruba

Phone: 297 5877750 / 297 7367750

<https://www.juanedusuites.com/>

For special rates:

Contact <https://www.juanedusuites.com/contact>



Cadushi Apartments

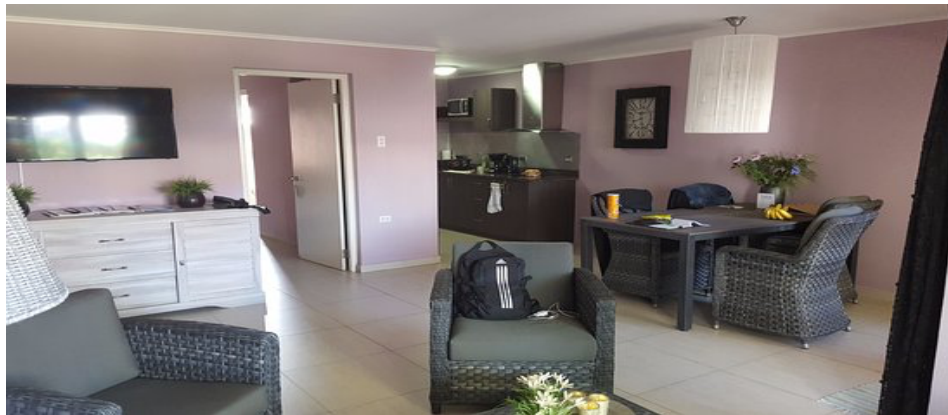
Stadionweg 4-b, 0000 Oranjestad, Aruba

Phone: 297 593 1770

<http://www.cadushiapartments.com/>

For special rates:

Contact info@cadushiapartments.com



Agua Clara Eco Suites

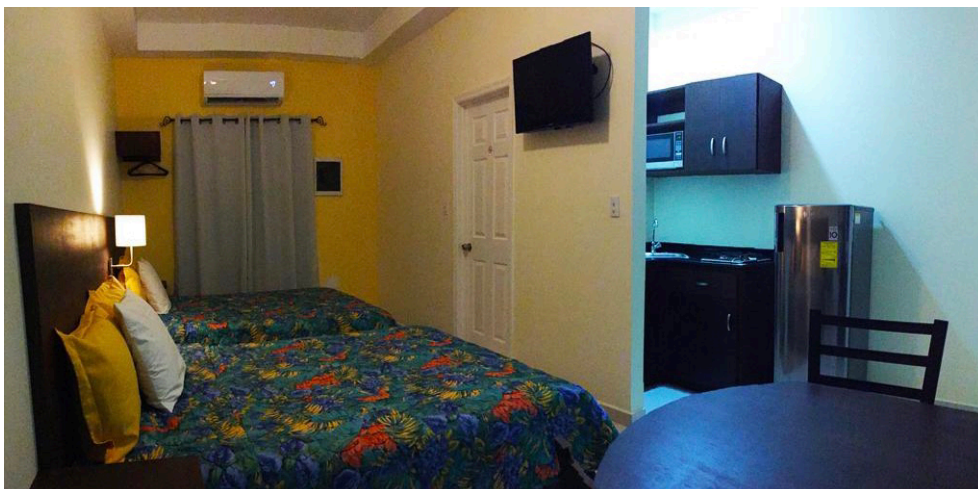
Morgenster 50A, Oranjestad, Aruba

Phone: 297 5883909 / 297 7310031

<https://www.aguaclaraecosuites.com/>

For special rates:

Contact reversations@aguaclaraecosuites.com



EVENT REGISTRATION INFORMATION

The IFBB Registration Fee for athletes entering this competition is \$200 U.S. up until August 10, 2019.

Payment will have to be made in advance online through credit/debit card or PayPal at [Http://wwifbb.com/registration](http://wwifbb.com/registration) for your best comfort and convenience.

Registration Payments made after August 10, 2019 or on Registration Day will be Charged an extra \$ 50 penalty fee

Please add your name during online payment and bring a copy of your payment confirmation to the registration.

Participation:

This competition is open to ALL IFBB-AFFILIATED NATIONAL FEDERATIONS from all over the world. Registration of amateur athletes will only be considered if their IFBB- Affiliated National Federation nominates them. Such Federations must not have any debts with the IFBB and/or any of its promoters and agents. It is the responsibility of each Federation that all dues are current to the IFBB.

Entry Forms should be emailed to the IFBB Technical Committee, with a copy to the IFBB Head Office in Madrid.

Official Athlete Registration:

Registration and weigh-in will be run on August 17, 2019 from 10:00 AM until 6:00 PM At Cas di Cultura

All athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at the registration. IFBB International Cards are \$45 U.S. or € 35 per year and are mandatory.

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification. *The use of profane, vulgar and offensive language is strictly prohibited in the posing music.*

Important Notice to Competitors:

Each athlete participating in the Championship will be provided with an accreditation card or wristband at the weigh-in. This identification allows daily admission and should not be removed.

The IFBB amateur event starts on Sunday morning, August 18, 2019
More information about running order and other competitor details will be forwarded
nearer to the time. Please check ww.ifbb.com for regular updates.

Tanning Needs:

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage, and if the tan comes off by simply wiping the athlete will be told to remove the tan before going on stage.

Tanning company available on site:

Jan Tana

Spray tanning sessions available

To book your appointment or for more information

<https://www.jantana.com/>

Judges:

To be taken into consideration during selection of Judges' panels at the Championships, IFBB International Judges (as well as test judges) must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

All International Judges must bring their International Judge's Cards to Aruba.

Important Information

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly Judges fee of \$60 U.S. or € 50 paid for 2019. This fee may also be paid at the Championships in Aruba.

Test Judges must pay the IFBB Judge's test fee of \$60 U.S. This fee may also be paid at the Championships in Aruba.

All Judges and Test Judges must be present at the Team Managers and Judges Meeting. Any Judge absent at this meeting will not be allowed to judge at these championships. If any of the above conditions have not been met, Judges will be unable to carry out their duties.

Judges Seminar:

Judges Seminar will be conducted on Saturday, August 17, 2019 Judges Seminar registration fee is \$100.

Payment must be in cash on the day of the seminar.

For more information contact abpaaruba@gmail.com

Entry Forms Contact Details:

All entry forms and correspondence should be addressed to:

- **IFBB Technical Committee**

Eng. Andrew Michalak, amichalak5@gmail.com,

The deadline date for submitting the entry forms is August 10, 2019

Please send a copy of Entry Form to:

- **Aruba Bodybuilding & Powerlifting Association**

Ms. Joadi Mac Jannet , abpaaruba@gmail.com

- **International Federation of Bodybuilding and Fitness Head Office**

Ms. Diana Mozos

Phone: +34 91 535 2819

Email: info@ifbb.com

Media Accreditation:

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form. Said Form must be remitted to the IFBB by email at the info@ifbb.com no later than August 10, 2019.

Backstage Access/Dressing Room Access:

Green cards are used to limit access to the backstage area during Pre-judging and Finals. They will be distributed at the Team Mangers and Judges Meeting as follows:

Five (5) or more competitors – two (2) green cards

Less than five (5) competitors – one (1) green cards

If National Federation Officials do not attend the Team Mangers and Judges Meeting, this Federation will not be issued a green card.

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and Trainers who assist athletes in the dressing room area must be of the same sex as the athlete's they are assisting.

Camera/videotape Equipment:

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, at the event; these devices shall be strictly prohibited in the dressing room area.

Time difference:

UTC/GMT – 4 hours

Electrical Current:

110V

Athletes without Delegates:

All Athletes competing at these Championships must be Members in Good Standing of their National Federations. Their National Federation must nominate all athletes by sending the Final Entry Form with their names.

Awards and Professional Cards:

• **Amateur Event**

Top three places in each category will be awarded with medals and a certificate. Overall winners in each division will receive a trophy and a Pro-Elite card.

Overall winners in Men's Bodybuilding, Men's Classic Bodybuilding, Men's Classic Physique, Men's Physique, Women's Physique, Women's Body Fitness, Women's Wellness Fitness, Bikini Fitness are eligible to qualify for the IFBB ELITE PRO Card.

Giovanni Arendsz Classic Aruba Amateur Event

Categories open for this competition
(Dependent on athlete registration)*

Men's Bodybuilding

Up to & including 70 kg

Up to & including 80 kg

Up to & including 90 k

Over 90 kg

Men's Classic Bodybuilding

Up to & including 175 cm

Over 175 cm

Men's Classic Physique

Open Category

Men's Physique

Up to & including 170 cm

Up to & including 174 cm

Up to & including 178 cm

Over 178 cm

Men's Muscular Physique

Open Category

Women's Bikini Fitness

Up to & including 163 cm

Over 63

Women's Body Fitness

Open Category

Women's Wellness Fitness

Open Category

Women's Physique

Open Category

Tentative schedule:**August 17, 2019**(Saturday)

10:00am-6:00pm Registration & weight-in at Cas di Cultura

Judges Seminar place and time to be announced

August 18, 2019 (Sunday)

10:00am Prejudging & Finals of all categories at Cas di Cultura

August 19, 2019 (Monday)

Departures