



INSPECTION REPORT



FISABE
FITNESS, SALUD Y BELLEZA



GENERAL INFORMATION

2019 IFBB MERCOSUR CHAMPIONSHIPS

PLACE: SALA PREMIUM DO (ESPACIO DON OSCAR)

ADDRESS: AV. LOS PAJARITOS #4201, MAIPÚ

CITY: SANTIAGO REGIÓN METROPOLITANA, SANTIAGO DE CHILE

COUNTRY: CHILE

5 ELITE PRO CARDS

CATEGORIES:

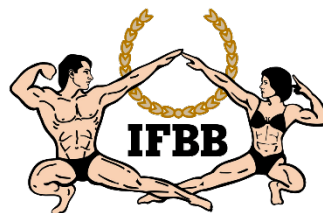
- Men's Bodybuilding OVERALL
- Men's Physique OVERALL
- Women's Bodyfitness OVERALL
- Women's Bikini Fitness OVERALL
- Women's Wellness Fitness OVERALL

ADDITIONAL PRO CARDS UNDER SPECIAL CONDITIONS:

- 1 PRO CARD IN MEN'S CLASSIC PHYSIQUE (IF NOT LESS THAN 12 ATHLETES)
- 1 PRO CARD IN MEN'S CLASSIC BODYBUILDING (IF NOT LESS THAN 15 ATHLETES)
- 1 PRO CARD WOMEN'S PHYSIQUE (IF NOT LESS THAN 8 ATHLETES)



IFBB
ELITE PRO



CATEGORIES

MEN'S BODYBUILDING:

- 75 kg
- 80 kg
- 85 kg
- 90 kg
- 95 kg
- 100 kg
- Over 100 kg

MEN'S PHYSIQUE:

- Up to 171 cm
- Up to 175 cm
- Up to 180 cm
- Over 180 cm

WOMEN'S BODYFITNESS:

- Up to 158 cm
- Up to 163 cm
- Up to 166 cm
- Over 166 cm

WOMEN'S BIKINI FITNESS:

- Up to 158 cm
- Up to 160 cm
- Up to 163 cm
- Up to 166 cm
- Over 166 cm

WOMEN'S WELLNESS FITNESS:

- Up to 160 cm
- Up to 165 cm
- Over 165 cm

MEN'S CLASSIC PHYSIQUE:

- Up to 171 cm
- Up to 175 cm
- Up to 180 cm
- Over 180 cm

MEN'S CLASSIC BODYBUILDING:

- Up to 171 cm
- Up to 175 cm
- Up to 180 cm
- Over 180 cm

WOMEN'S PHYSIQUE:

- Up to 163 cm
- Over 163 cm

JUNIOR CATEGORIES (16-23 YEARS)

- JUNIOR MEN'S BODYBUILDING
- JUNIOR MEN'S PHYSIQUE
- JUNIOR WOMEN'S BODYFITNESS
- JUNIOR WOMEN'S BIKINI FITNESS
- JUNIOR WOMEN'S WELLNESS FITNESS

MASTER CATEGORIES:

- MASTER MEN'S BODYBUILDING 40-44 YEARS
- MASTER MEN'S BODYBUILDING 45-49 YEARS
- MASTER MEN'S BODYBUILDING +50 YEARS
- MASTER WOMEN'S BODYFITNESS 35-44 YRS
- MASTER WOMEN'S BODYFITNESS +45 YRS
- MASTER WOMEN'S BIKINI FITNESS 35-39 YRS
- MASTER WOMEN'S BIKINI FITNESS +40 YRS

AWARDS

AWARDS PER CATEGORY:

- 1st to 6th PLACE: TROPHY + MEDAL + CERTIFICATE
- 7th PLACE: MEDAL + CERTIFICATE
- Points to the **2019 IFBB World Ranking** for top 5 in each senior category, according to the Ranking Rules.

AWARDS PER OVERALL WINNERS:

- 1st PLACE: TROPHY + ELITE PRO CARD
- 2nd PLACE: MEDAL + CERTIFICATE



Minimum number of competitors to run a category **should be 5**. If less than 5 athletes, categories will be combined, wherever possible. If less than 5 athletes in a category, no points will be awarded to the IFBB World Ranking.



VENUE:

PLACE: **ESPACIO DON OSCAR** (SALA PREMIUM DO & SALÓN 1 DON OSCAR)

Av. Los Pajaritos 4155, Maipú, Región Metropolitana, Chile

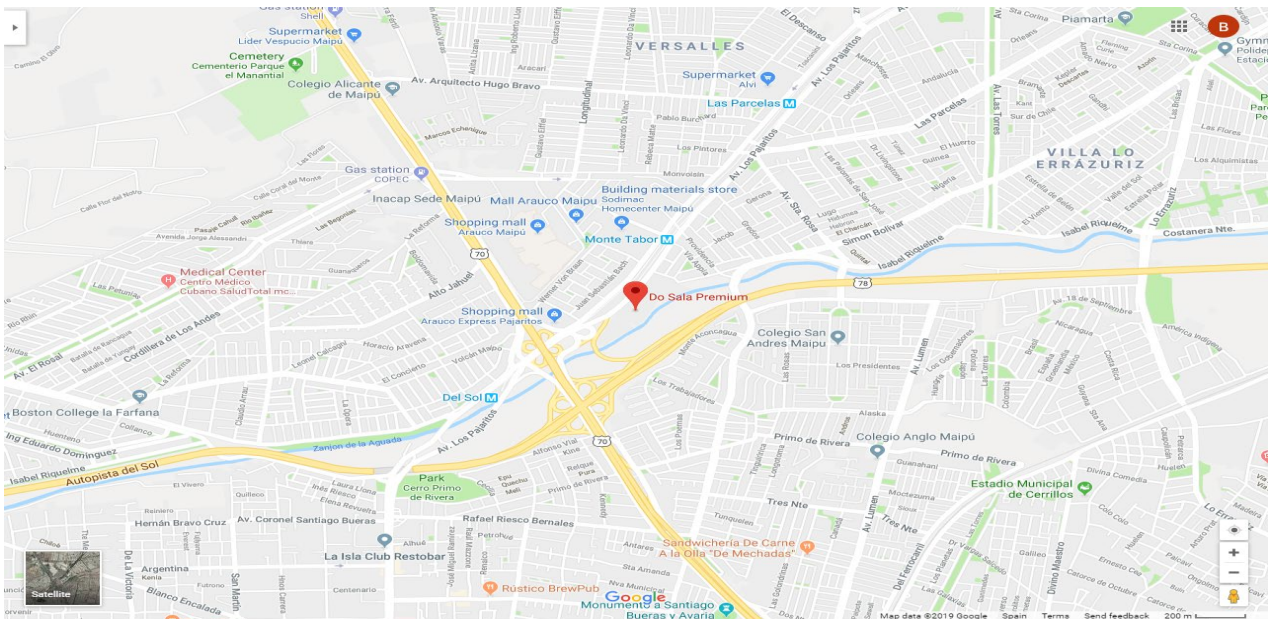
CITY: SANTIAGO DE CHILE

<http://www.salapremiumdo.cl/index.html>

It is located right at the intersection of Av. Pajaritos with Americo Vespucio, it is very well located not only for the Maipucinos, but also for everyone who has access to the Vespucio route.

"We are the most modern entertainment room of Chile, with capacity of parking lots for more than 700 vehicles. Large infrastructure - lighting, visual and sound quality. Come and be part of a completely different night. "A lifestyle, join room Premium DO"





TRANSPORTATION:

<https://moovitapp.com/index/en/public-transit-Espacio-Don-Oscar-Santiago-site-27676983-642>



AVAILABLE TRANSPORTATION



CURRENCY AND ELECTRICITY

CURRENCY: Chilean Peso (CLP)

USD 1.00 = CLP 692, 96 (as for May 15th, 2019)



ELECTRICITY: 220 V, 50 Hz

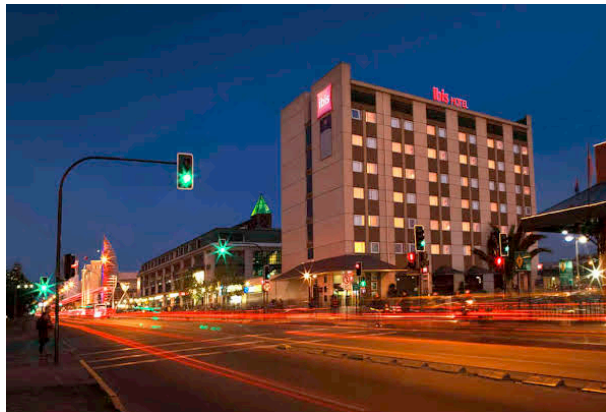
PLUGS C AND L. Visit <https://www.worldstandards.eu/electricity/plug-voltage-by-country/>



HOTELS RECOMMENDATIONS:

IBIS HOTEL:

AV. Providencia 1187, Santiago



SOMMELIER

Merced 433, Santiago



CROWNE PLAZA:

AV. Libertador BDO. O'Higgins 136



DIEGO DE ALMAGRO:

AV. Libertador BDO. O'Higgins 1485



Hotel reservation must be done by direct communication between the National Federation and the hotels (list of recommended hotels below).

TIME DIFFERENCE

UTC – 4 hours (Chile Standard Time Zone)

WEATHER

The daily mean temperature in June is 8.5°C (46.9°F), with average low 3.5°C (38.3°F) and average high 15.3°C (50.5°F). Average rainy days: 7, humidity 84%.

Winters in Santiago (April to September) are cool and humid, with cool to cold mornings, with temperatures near 0°C (32°F).



AIRPORT:

INTERNATIONAL AIRPORT ARTURO MERINO BENÍTEZ

Aviador David Fuentes, Pudahuel

https://en.wikipedia.org/wiki/Arturo_Merino_Ben%C3%ADtez_International_Airport



CONNECTIONS

Shared Transfer: \$15 USD PRX

Taxi: \$30 USD PRX



SANTIAGO

Y ALREDEDORES



Santiago is the capital of Chile and is considered the third city in South America with the best quality of life and second best city to do business in Latin America, in addition to the second safest. It is a city of Alfa class, modern and competitive, which also has natural surroundings ideal for activities Outdoors and relax.

Santiago is the seat of the main administrative and government buildings of Chile. It has 37 communes, 26 of which are in the metropolitan area. In them, we find entertaining neighborhoods with a dynamic life dynamic nightlife, restaurants, designer stores and art galleries to meet.

Within Santiago, there are also large parks and natural areas. One of them is the Park Metropolitan located in the San Cristóbal Hill where you can visit the Zoo, trekking trails, swimming pools, the Immaculate Conception Sanctuary that is at its summit, the funicular train and the cable car.

When located in a valley, it is surrounded by mountains that offer attractive panoramas such as visiting ski centers during the winter, trekking, horseback riding, climbing and much more in the Cajón del Maipo and discover the flavors of typical food while enjoying a field day.

Because of its central location, Santiago also allows you to be in a few hours on the beach, so in a day you can visit Valparaíso, Viña del Mar or other spas in the area such as the port of San Antonio, Rocas of Santo Domingo, Isla Negra, among others.

In the surroundings of Santiago are located several of the most important wine valleys of the country, which are known for its Wine Route, where you can visit the vineyards and taste different wine strains accompanied by Chilean cuisine.



TURISMO

LUGARES DE INTERÉS



Mercado Central
Estación Puente Cal y Canto



La Moneda
Estación La Moneda



Museo Bellas Artes
Estación Bellas Artes



PARTICIPATION & REGISTRATION:

COMPETITION IS OPEN TO ALL NATIONAL FEDERATIONS AFFILIATED WITH THE IFBB.

THE PARTICIPATION OF ATHLETES IS UNLIMITED.

OFFICIAL ATHLETE REGISTRATION (WEIGH-IN) WILL BE CONDUCTED ON **FRIDAY, JUNE 21st, 2019** from **16:00 till 21:00** at the **SALA PREMIUM DO (Espacio Don Oscar)**, Av. Los Pajaritos 4155, Maipú, Región Metropolitana, Chile.

At the main entrance, you will find a ticket distribution counter to enter the Expo.

Each athlete receives a ticket for himself and another for his coach. Within the Expo, there will be a desk for the registration of athletes.

The registration of athletes will only be considered if they are registered by their National Federation sending the Final Entry Form by e-mail directly to the **IFBB Technical Committee** (amichalak5@gmail.com), copy to the **IFBB Head Office** in Madrid (info@ifbb.com) and to the **Organizing Committee**: csff.ifbb@gmail.com and marianasilvasegura@gmail.com with passport size photos for accreditation.

The deadline to send the Final Entry Form is Monday, June 10th, 2019. The final decision to allow an athlete to compete in this event rests with the IFBB.

All athletes must present their passports and IFBB International Cards at the Registration.

Any athlete who has not yet obtained the IFBB International Card or who needs to renew his/her card, will have to do it in the Registration. IFBB International Cards cost USD \$45 per year and are mandatory.

All music must be presented on a CD or USB memory. There should be only one piece of music, which you are going to pose. CDs or USB memories that contain more than one song will not be accepted. For easy identification, each competitor must place his/her name and the name of the country on the CD or USB Memory envelope, not on the plastic protective cover.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed.

Keep in mind that it is **RESPONSIBILITY AND TOTAL OBLIGATION OF THE NATIONAL FEDERATION** to verify if each of the athletes are registered in this international event. It is NOT suspended any period of ineligibility is met due to the anti-doping rule violation or any disciplinary case at national or international level. Also note that if any athlete does the registration and competition of the National Federation are suspended due to a violation of the anti-doping rules, both the athlete and the National Federation will be subject to sanctions of agreement with the World Organization. Anti-Doping Code, the IFBB Anti-Doping Rules and the Constitution and the Rules of the IFBB.

It is also the **COMPLETE OBLIGATION and RESPONSIBILITY** of your National Federation for the **MONITOR ALL ATHLETES** of your country affiliated with your National Federation that are currently



complying with a period of ineligibility due to the anti-doping rule violation or any disciplinary case, to make sure that these athletes **WILL NOT REGISTER / COMPETE OR PARTICIPATE IN ANY CAPACITY** in any event, either nationally or internationally, official or by invitation

REGISTRATION FEE

Registration fee for athletes to enter this competition is **USD \$150** which has to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

The deadline date to do the online payment is Tuesday, June 11th, 2019. On June 11th, 24:00 hrs (midnight - Central European Summer Time, UTC +2) the online payment system will be switched off.

If paying at the Registration on June 21st, 2019, an **extra fee of USD \$50** per participant will be charged.

If an athlete wants to participate in the second category (like a master or junior in the senior class also), the registration fee for this second category is **USD \$100**.

Crossovers between different sport divisions (like Bodybuilding and Classic Physique or Bikini Fitness and Wellness Fitness are not possible.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges **must be included in the Final Entry Forms** sent by National Federations, according to the IFBB Rules.

For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to Chile.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of USD \$50 paid for 2019. This fee may also be paid at the Championships in Chile.

All the judges and test judges must be present at the Team Managers & Judges Meeting. **Any judge absent in this Meeting will not be allowed to judge at these Championships.**

The **Team Managers and Judges Meeting** will take place at **21:00 hrs on Friday, June 21st, 2019 at the Sala PREMIUM, Espacio Don Oscar.**

If any of the above conditions have not been met, the judges will not be able to judge at this event.



CORRESPONDENCE & ENTRY FORM SENDING DETAILS

<p><u>Please send Your Entry Form no later than June 10th, 2019 to:</u></p> <p>Organizing Committee office: E-mail: csff.ifbb@gmail.com</p> <p><i>and</i></p> <p>E-mail: marianasilvasegura@gmail.com</p>	<p><u>Please send a copy to:</u></p> <p>IFBB Head Office: Ms. Diana Mozos E-mail: info@ifbb.com</p> <p>IFBB Technical Committee: Eng. Andrew Michalak E-mail: amichalak5@gmail.com</p>
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GENERAL SCHEDULE OF THE EVENT

Friday, June 21st

16:00 – 21:00 – Official Athlete Registration, Sala PREMIUM, Espacio Don Oscar

Saturday, June 22nd

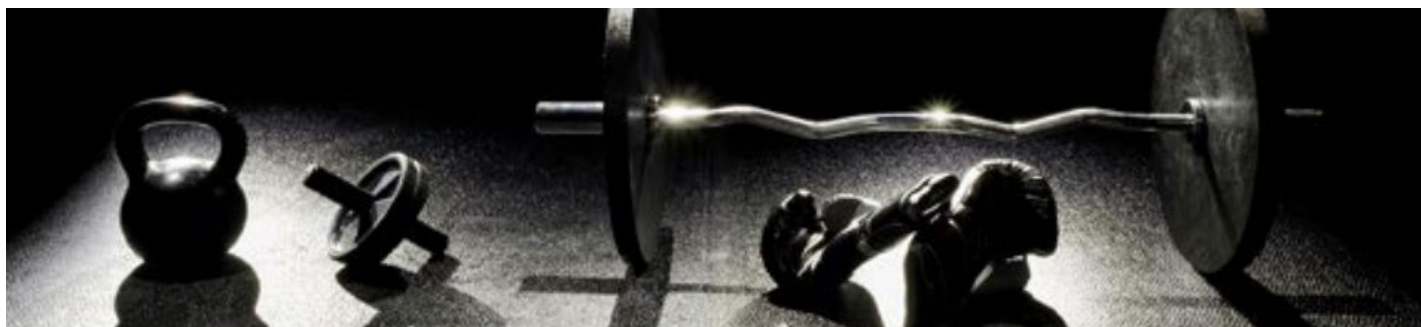
10:00 – IFBB Diamond Cup (Amateur), Espacio Don Oscar

Backstage will be open for athletes on Saturday at 08:00 hrs.

Sunday, June 23rd

10:00 – IFBB Elite Pro athletes registration, Espacio Don Oscar

14:00 - IFBB Elite Pro Championships, Espacio Don Oscar



FISABE

FITNESS, SALUD Y BELLEZA

MARIANA SILVA SEGURA

WHATSAPP +569 8700 00 05

CONTACTO@FISABE.CL



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