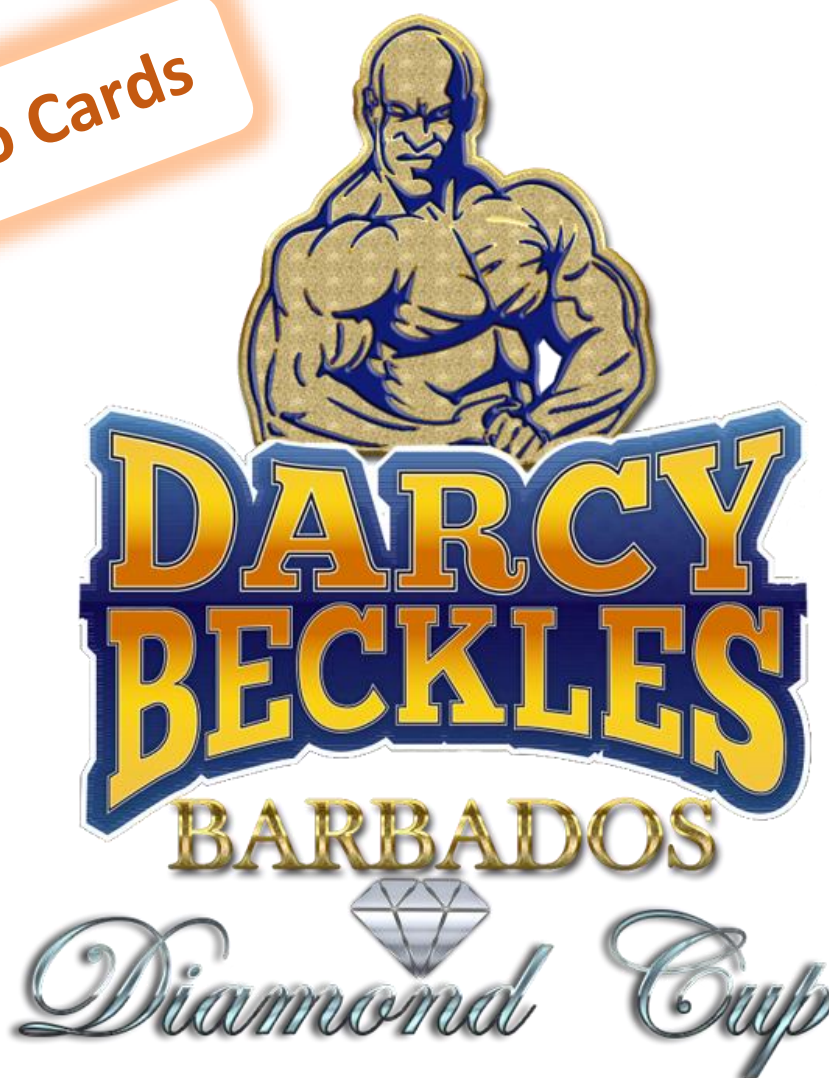


INSPECTION REPORT

JULY 4-7, 2019

19 Pro Cards



Updated: 1 May 2019

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March 1, 2019

Welcome

The Organizing committee of the International Bodybuilding & Fitness Federation (IFBB) and Barbados Bodybuilding and Fitness Federation in association with Erin Promotions, take this opportunity to welcome all IFFF-affiliated National Federations from all over the world to participate in the 1st Darcy Beckles Barbados Diamond Cup to be held in Bridgetown, Barbados from Thursday July 4th to Sunday July 7th, 2019.

About Bridgetown



As one of the earliest established towns with a fortified port in the Caribbean network of military and maritime-mercantile outposts of the British Atlantic, Historic Bridgetown and its Garrison was the focus of trade-based English expansion in the Americas. By the 17th century, the fortified port town was able to establish its importance in the British Atlantic trade and became an entrepôt for goods, especially sugar, and enslaved persons destined for Barbados and the rest of the Americas.

Historic Bridgetown's irregular settlement patterns and 17th Century street layout of an English medieval type, in particular the organic serpentine streets, supported the development and transformation of creolized forms of architecture, including Caribbean Georgian.

Historic Bridgetown's fortified port spaces were linked along the Bay Street corridor from the historic town's centre to St. Ann's Garrison. The property's natural harbour, Carlisle Bay, was the first port of call on the trans-Atlantic crossing and was perfectly positioned as the launching point for the projection of British imperial power, to defend and expand Britain's trade interests in the region and the Atlantic World. Used as a base for amphibious command and control, the garrison housed the Eastern Caribbean headquarters of the British Army and Navy. Historic Bridgetown and its Garrison participated not only in the international trade of goods and enslaved persons but also in the transmission of ideas and cultures that characterized the developing colonial enterprise in the Atlantic World.

Location

Barbados is the most easterly island in the Caribbean island chain, situated above South America, northeast of Venezuela and north of Guyana. The Atlantic Ocean sits to the east of the island, and Caribbean Sea to the west. The capital city is Bridgetown, located in the parish of St Michael.

- Climate: 29 – 31 Degree Celsius
- Language English
- Time Difference 4hrs behind GMT (Winter)
5hrs behind GMT (Summer)
- Electricity 115/230V 50Cycle
- Currency \$2.00 Bds = 1USD

For further information on Barbados please feel free to visit:

<https://www.visitbarbados.org/>

Please note: Camouflage patterns are not allowed in Barbados in any form (clothing, bags etc)



Competition Venue

Two Mile Hill, St. Michael, Barbados, BB11093

Tel: (246) 467-8200 Fax: [\(246\) 431-9795](tel:(246)431-9795)

Official Hotels



Divi Southwinds Beach Resort: -

Address: St Lawrence Gap, Christ Church, Barbados

Telephone No: +1 246-418-7300

Email address: <http://www.diviresorts.com/divi-southwinds-beach-resort-babados.htm>

Single/Double Occupancy - US\$140.73 per suite per night, inclusive 20% taxes, US\$.00 Energy Surcharge and US\$9.73 Room Rate Levy.

Extra Person Rate - US\$40.50 inclusive taxes, per person, per night

PLEASE BE REMINDED THAT OUR ONE-BEDROOM SUITES SLEEP A MAXIMUM OF FOUR (4) PERSONS.

Full Buffet Breakfast - US\$22.50, inclusive all taxes, per person, per day.



RADISSON AQUATICA RESORT BARBADOS

Address: Aquatic Gap, Bridgetown, Barbados

Phone: +1 246-426-4000

Email: <https://www.radisson.com/st-michael-hotel-bb/brbbbds>

ROOM AND TAX ONLY

US\$124 per room per night, based on single or double occupancy for Run of House Rooms with two double beds, which is subject to 7.5% VAT, 10% Service Charge and Mandatory Government Room Rate Levy of US\$5.56 per room per night (Total – US\$151.26)

RATE INCLUSIVE OF BREAKFAST AND TAXES

US\$179.26 per room per night, based on single occupancy for Run of House Rooms with two double beds

US\$207.26 per room per night, based on double occupancy for Run of House Rooms with two double beds

BILLING ARRANGEMENTS

Individual bookings will require credit card details and a two night deposit will be taken at the time of booking. NO ROOMS will be held with this option and are subject to availability at the time of booking.

CHECK IN/CHECK OUT TIME

Check in time is 3:00 pm. Rooms required on a confirmed basis before the official check-in time on day of arrival must be pre-booked and an additional one (1) night room charge may be levied.

Check out time is 12 noon. Use of rooms from 12:00 noon – 6:00 p.m. on day of departure can be arranged at 50% off the negotiated rate. Use of rooms after 6:00 p.m. will be charged a full night's room rate. Late check-out is subject to availability.

PAYMENT OF INCIDENTALS

Attendees will also be responsible for all of their charges which must be settled in full upon check-out.

The Radisson Aquatica Resort Barbados offers the following facilities and amenities:

- ✓ 100% Smoke Free
- ✓ Complimentary Wi-Fi property wide
- ✓ Complimentary Welcome Beverage (Rum Punch or Fruit Punch) and cold towels on arrival
- ✓ 24 Hour Business Centre
- ✓ 24 Hour Ocean View Fitness Centre
- ✓ Complimentary Bottled Water in Room
- ✓ Beachfront Location
- ✓ Complimentary Parking



THE BLUE HORIZON HOTEL

Address: Rockley, Cot Rd, Bridgetown, Barbados

Phone: +1 246-4359473 / 74

Fax: 246-4358822

Email: www.bluehorizon.bb

- Room & Continental Breakfast (complimentary)
- Standard King / Double beds (2)
- US\$140.00
- Studio King / Kitchenette
- US\$150.00
- Room & Continental Breakfast (complimentary)
- 1 Bedroom Suite King / Kitchen / Dining & Living room, etc
- US\$160.00

Rate are single or double occupancy and inclusive of VAT (7.5%) & Service Charge (10%) & Room Levy (US\$9.63) taxes

Please use Smoore@gemsbarbados.com and the code: DBDC to book reservations

Airport

Grantley Adams International Airport is the international airport of Barbados, located in Seawell, Christ Church. It is the only designated port of entry for persons arriving and departing by air in Barbados and operates as one of the major gateways to the Eastern Caribbean.

Participation & Registration

THE COMPETITION IS OPEN FOR THE IFBB-AFFILIATED NATIONAL FEDERATIONS.

PARTICIPATION OF ATHLETES IS UNLIMITED.

THE OFFICIAL ATHLETES REGISTRATION WILL BE Thursday 4 July 2019.

Official Athlete Registration will be conducted on Thursday 4 July 2019 between 6 pm to 10 pm at the Lloyd Erskine Sandiford Conference Centre.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form via email directly to the IFBB Technical Committee (amichalak5@gmail.com), copy to the IFBB Head Office in Madrid (info@ifbb.com) and to the Organizing Committee: diamondcupbarbados@erinpromotionsinc.com.

All athletes will have to produce their Passports or Identity Cards and IFBB International Cards at the Official Registration.

Any athlete who has not yet obtained the IFBB International Card or need to renew his/her Card will have to do it at the Registration. IFBB International Cards are € 30 per year and it's mandatory.

Music

All posing music with 60 seconds for male bodybuilding and 30 seconds for women's physique competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his/her name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Anti Doping

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level. Also be aware that if any athlete from your National Federation registers and competes being suspended due to an Anti-Doping Rule Violation, both the athlete and the National Federation will be subject to sanctions according to the World Anti-Doping Code, the IFBB Anti-Doping Rules and the IFBB Constitution and Rules.

It is also the FULL OBLIGATION AND RESPONSIBILITY of your National Federation to MONITOR

ALL THE ATHLETES from your country affiliated to your National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any event either at National or International level, Official or Invitational. You will receive your tags or wrist bands for athletes and coaches at the registration.

IFBB Registration Fees

The IFBB registration fees are as follows:

Registration fee for each Category is € 200.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration>

for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. If paying at the Registration an extra fee of € 50 per participant will be charged.

The deadline date to do the online payment is Tuesday, June 25th, 2019. On June 25th, 24:00 hrs the online payment system will be switched off

If paying the registration fee on July 5th, 2019, an extra fee of EUR €50 per participant will be charged.

Entry Form Contact Details

WE STRONGLY ENCOURAGE YOU TO REGISTER EARLY THROUGH YOUR NATIONAL FEDERATIONS

All Final Entry Forms should be sent no later than June 24th, 2019 to:

IFBB TECHNICAL COMMITTEE: Andrew Michalak – amichalak5@gmail.com

IFBB HEAD OFFICE: Ms. Diana Mozos – info@ifbb.com

ORGANISING COMMITTEE: diamondcupbarbados@erinpromotionsinc.com

At the DARCY BECKLES DIAMOND CUP BARBADOS only athletes who are approved and registered by their IFBB-affiliated National Federations will be allowed to compete. Entries should be made through National Federations. National Federations from all over the world are allowed to participate in these championships.

Judges

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of € 50 paid for 2019.

All judges and test judges must be present at the Team Managers and Judges Meeting. Any judge absents at this Meeting, will not be allowed to judge at these Championships. If any of the above conditions hasn't been met, judges will be unable to carry out their duties.

Team Managers and Judges meeting

The Team Managers and Judge's Meetings will be held on Friday July 5, 2019 at 15:00hrs at the Lloyd Erskine Sandiford Centre

All Judges and delegates are obliged to attend this meeting.

Tanning

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.



Jan Tana the winning tan / Investize AB will be the official tanning, hair and makeup service at Darcy Beckles Barbados Diamond cup and Elite pro event. Jan Tana will be tanning both amateurs and pros during this event.

Competition Categories

Amateur Event

MEN'S BODYBUILDING	UP TO & INCL	70KG
MEN'S BODYBUILDING	UP TO & INCL	80 KG
MEN'S BODYBUILDING	UP TO & INCL	90 KG
MEN'S BODYBUILDING	OVER	90 KG
MEN'S CLASSIC PHYSIQUE	ONE OPEN CATEGORY	
MEN'S PHYSIQUE	UP TO & INCL	170 CM
MEN'S PHYSIQUE	UP TO & INCL	174 CM
MEN'S PHYSIQUE	UP TO & INCL	178 CM
MEN'S PHYSIQUE	OVER	178 CM
WOMEN'S PHYSIQUE	ONE OPEN CATEGORY	
WOMEN'S WELLNESS FITNESS	ONE OPEN CATEGORY	
WOMEN'S BIKINI FITNESS	UP TO & INCL	163CM
WOMEN'S BIKINI FITNESS	OVER	163 CM
WOMEN'S BODY FITNESS	UP TO & INCL	163CM
WOMEN'S BODY FITNESS	OVER	163 CM

IFBB Elite Professional Event

MEN'S BODYBUILDING	OPEN CATEGORY
MEN'S PHYSIQUE	OPEN CATEGORY
WOMEN'S BIKINI FITNESS	OPEN CATEGORY
WOMEN'S BODY FITNESS	OPEN CATEGORY
WOMEN'S WELLNESS FITNESS	OPEN CATEGORY

Awards

Amateurs

- Top six athletes in each category will be awarded with medals and a certificate
- overall in each discipline will have a trophy
- overall winners are eligible to apply for the IFBB Pro Card through their National Federation. **19 Pro cards in total:**

Three Pro cards to the Overall winners of:

- Men's Bodybuilding
- Men's Physique
- Classic Physique
- Bikini, Women
- Body fitness
- Women Wellness

One Pro card to the Overall winner of: Women Physique.

Professionals:

Body Building: (USD)

1 st Place	3,500.00
2 nd Place	2,000.00
3 rd Place	1,250.00
4 th Place	750.00
5 th Place	500.00

All other Categories (USD)

1 st Place	1,500.00
2 nd Place	1,000.00
3 rd Place	750.00
4 th Place	500.00
5 th Place	250.00

Please Note

Reservation, booking and all cost for hotel accommodation, travelling and meals are the responsibilities of the national federations or individual athletes. However, transportation will be provided to and from the airport for participating Federations who provide their flight information by latest **June 24 2019**

Green Cards

Green cards or wristbands for access to backstage area during the show will be on sale at weigh-in.

Tentative Program

- July 3, 2019:** Arrival of IFBB Officials
- July 4, 2019:** Arrival of all National Federations
- July 4, 2019:** 18:00hrs – 22:00hrs Early Registration @ Divi South Beach Resort
- July 5, 2019** 11:00hrs Registration@ Lloyd Erskine Sandiford Centre
- 15:00hrs Judges, Team Managers and Technical meeting
- July 6, 2019:** Darcy Beckles Diamond Cup Barbados @ Lloyd Erskine Sandiford Centre
- IFBB Amateur Diamond Cup** Start time 10:00 hrs
- 08:00 hrs Bus Pick up
- 09:00 hrs Arrival at venue by
- IFBB Elite Pro Event** Start Time 19:00 hrs
- 17:00hrs Bus Pick up
- 18:00hrs Arrival at venue
- July 7, 2019:** 10:00 hrs Brunch @ Divi South Beach Resort
- July 7, 2019:** Departure of National Federations and delegates
-

For further information, please feel free to contact:

Mr. Roger Boyce:

Telephone/whatsapp: 1-246-850-8418

Email: diamondcupbarbados@erinpromotionsinc.com