



BIOTECHUSA - JUST CLEAR IFBB DIAMOND CUP

INSPECTION REPORT



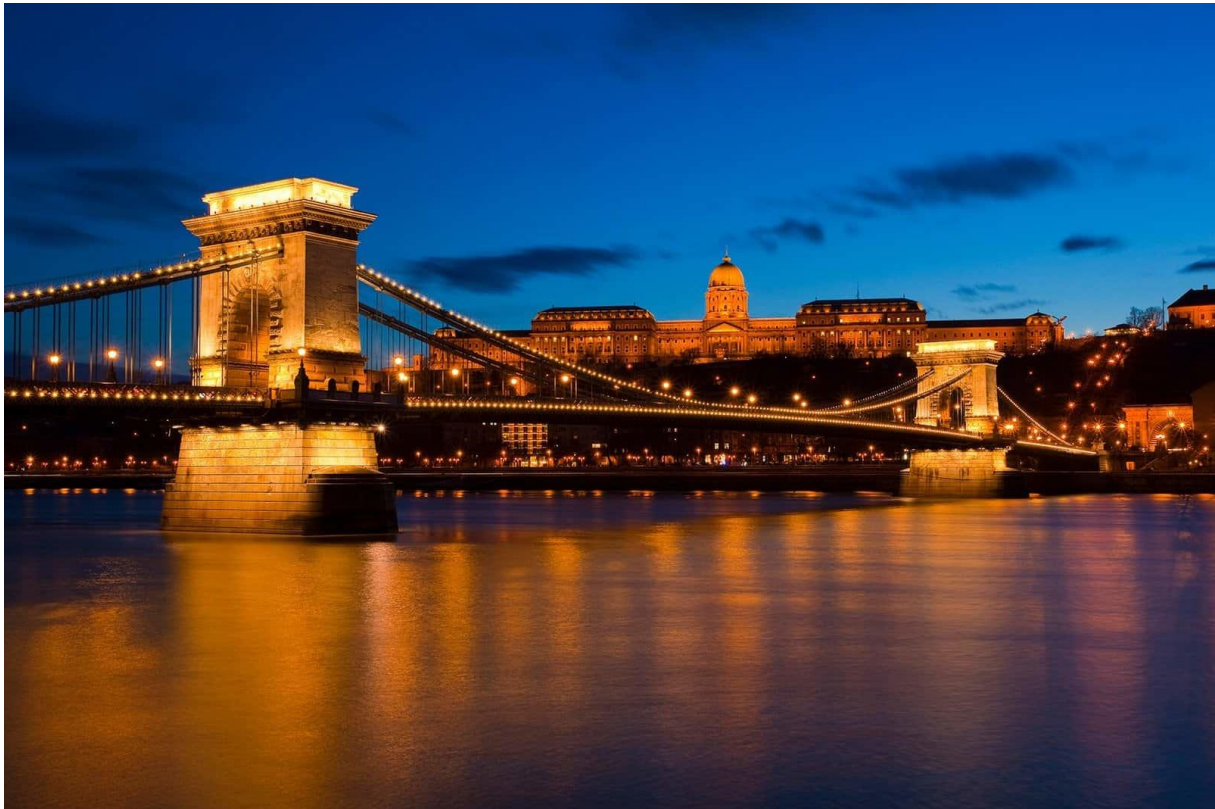
BUDAPEST, HUNGARY

May 17th – 18th, 2019

WELCOME

The Organizing Committee of the Hungarian Bodybuilding & Fitness Federation extends a warm welcome to all IFBB National Federations to participate in the IFBB Diamond Cup in Budapest, Hungary, May 17- May 18, 2019.

ABOUT BUDAPEST



The phrase „Central European” is not nearly a geographical definition; it refers to the fact that the Hungarian capital, Budapest, is more than just a capital of a small country with 10.5 million inhabitants. It is also the product of a larger area, of a particular European region: Central Europe. Located in central Europe’s Carpathian basin, Hungary has been the link in the chain connecting east and west for thousands of years. The ancestors of Hungarians, or Magyars, lived in the Ural Mountains. They had close linguistic ties with other Finno-Ugrian peoples and shared certain anthropological and cultural traits with the Turks.

Budapest’s most important attraction is the world-famous Buda-Castle on the west side of the Danube (granted UNESCO World Heritage Status in 1987). Budapest is the „City of Festivals”; several major cultural events are held in and around the city every year. There are over 90 major museums in the region; local history collections, regional architecture and small village museums provide additional perspectives on civilization in the area. The museums with internationally-renowned collections include: the Museum of Applied Arts, the Museum of Fine Arts, the National Museum, the National Gallery, and the Ludwig Museum in Budapest. It is definitely worth mentioning the Synagogue on Budapest’s Dohány Street because it is the largest synagogue in Europe and the second largest in the world. The Jewish Museum around the corner has an unique collection of traditional Jewish artifacts.

<http://www.youtube.com/watch?v=e0wkokaybWA>

OFFICIAL HOTEL

Novotel Budapest Danube Hotel

Address: 1027 Budapest, Bem Rakpart 33-34.

The four-star Novotel Budapest Danube hotel offers a fascinating view of the river Danube and the Hungarian Parliament, one of the most beautiful buildings in Central Europe. The hotel is located on the Buda side of the river, close to the Castle and the vivid downtown.



PLEASE NOTE: Reservation, booking and all costs for hotel accommodation, travelling, transport from and to the airport and meals, are the responsibilities of the national federations or individual athletes. Check with your National Federation for more information.

FREE ACCOMMODATION FOR THE JUDGES

The Organizer will provide free-of-charge accommodations (a double room with breakfast) for one night from 17th May to 18th May in Budapest for the International Judges:

Three (3) or more competitors = one (1) International Judge

THE VENUE

VÁRKERT BAZÁR /CASTLE GARDEN/

Address: 1013 Budapest, Ybl Miklós square 2-6.

The Castle Garden is Budapest's unique jewelery box where art and nature complement each other. It is a distinctive work of architecture capable of offering an experience of history, culture and nature all at the same time, which makes it the perfect venue for entertainment, leisure and cultural events.



ARRIVALS AND AIRPORT

Friday, May 17th, 2019, is the official arrival day. Budapest **Ferenc Liszt International Airport** is the primary international airport . More information at: www.bud.hu

PARTICIPATION

The contest is open for National Federations from **all over the world**. The number of competitors participating in these championships is **unlimited**. Participating athletes have to be recommended by their National Federation by sending the Final Entry Form with their names directly to the Hungarian Federation, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB.

Please be aware that it is **FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION** to verify if each one of the athletes to be registered on this international event are **NOT** suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

It is also the **FULL OBLIGATION AND RESPONSIBILITY** of a National Federation to **MONITOR ALL THE ATHLETES** affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes **WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY** in any event either at National or International level, Official or Invitational.

REGISTRATION

Official Athlete Registration will take place at the Hotel Clark, [1013 H-Budapest, Clark Ádám tér 1](#), on **Friday, May 17th, 2019, from 12:00 till 18:00 hrs.**

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names directly to the Hungarian Federation, to the IFBB Technical Committee and IFBB Head Office in Madrid.

All athletes will have to produce their **Passports** and **IFBB International Cards** at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards

are **EUR €35** and are mandatory.

All **posing music** must be on an **audio CD only**. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. **The use of profane, vulgar and offensive language is strictly prohibited in the posing music.**

All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed.

You will receive your tags for athletes and coaches at the registration.

REGISTRATION FEE

Registration fee for athletes to enter this competition is **EUR €200** which has to be paid in advance by credit/debit card or PayPal at IFBB webpage: <http://www.ifbb.com/competition-registration> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

The deadline date to do the online payment is May 6 th , 2019 (Monday). On May 6th , 24:00 hrs (midnight - Central European **Summer Time, UTC +2**) the online payment system will be switched off.

If paying at the Registration on May 17th, 2019, an extra fee of **EUR €50 per** participant will be charged.

If an athlete wants to participate in the second category (like a master or junior in the senior class also), the registration fee for this second category is **EUR €100**.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to Hungary.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2019. This fee may also be paid at the Championships in Budapest.

CATEGORIES OPEN AT THESE CHAMPIONSHIPS:

WOMEN'S FITNESS:

Up to & including 163 cm

Over 163 cm

FIT MODEL: 1 open category

WELLNESS FITNESS:

Up to & including 163 cm

Over 163 cm

WOMEN'S PHYSIQUE: 1 Open Category - 1 Pro Card

WOMEN'S BODYFITNESS: -1 Pro Card

Up to & including 163 cm

Over 163 cm

WOMEN'S BIKINI-FITNESS: - 1 Pro Card

Up to & including 160 cm

Up to & including 164 cm

Up to & including 169 cm

Up to & including 172 cm

Over 172 cm

JUNIORS BIKINI-FITNESS: 1 open category

MASTERS BIKINI-FITNESS: 1 open category

MEN'S BODYBUILDING: 1 Pro Card

Up to & including 80 kg

Up to & including 90 kg

Up to & including 100 kg

Over 100 kg

MEN'S CLASSIC BODYBUILDING: 1 open category

MEN'S GAMES CLASSIC BODYBUILDING: 1 open category

MEN'S PHYSIQUE: - 1 Pro Card

Up to & including 173 cm

Up to & including 179 cm

Up to & including 182 cm

Over 182 cm

JUNIORS MEN'S PHYSIQUE : 1 open category

MASTERS MEN'S PHYSIQUE : 1 open category

Minimum number of competitors to run a category should be 5. If less than 5 athletes, categories will be combined, wherever possible. If less than 5 athletes in a category, no points will be awarded to the IFBB World Ranking.

AWARDS

- **Top six athletes** in each category will be awarded with medal or trophy and a certificate.
- **Overall** in each discipline will have a trophy.
- **Top 5 athletes** in Men's and Women's senior categories will be awarded points to the **2019 IFBB World Ranking** according to the World Ranking Rules.
- **5 IFBB Elite Pro Cards will be awarded:** Men's Physique (1), Bodybuilding (1) Women's Physique (1), Bodyfitness (1), Bikini Fitness (1).

BACKSTAGE ACCESS

A limited number of backstage passes will be for sale during registration.

VISAS

A valid passport is required to enter the territory of the European Union. EU-country citizens do not require a visa. All other persons should consult the Hungarian Embassy in their country to determine if they require a visa. An Official Letter of Invitation will be made available if required.

An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of

an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

PASSPORT/MUSIC

All competitors must provide their PASSPORT and MUSIC at weigh in/height measurement, failing which the competitor will not be registered. The music must be on CD, at the start of the CD. The Athletes' name must be affixed on the CD for identification purposes.

IMPORTANT NOTICE

**The use of profane, vulgar and/or offensive language
is strictly prohibited in posing music.**

TANNING, HAIR & MAKE-UP SERVICES

Team Pro Tan[®] will be providing Tanning, Hair & Makeup services at the contest venue. Team Pro Tan[®] is glad to have you at the IFBB Diamond Cup in Budapest to provide you with the perfect stage color!

Please book your tanning on the official European site of Pro Tan[®] :
www.protan-europe.com/book-your-tan or www.bookyourtan.com.

Team Pro Tan[®] gives appointments to all athletes in the registration room for tanning, make up and hair. Products will be also available to buy during the registration. If you have any question feel free to contact them: contact@protan-europe.com

Pro Tan[®]
EUROPE Since 1987
www.protan-europe.com

TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

TIME DIFFERENCE

UTC +2 hours (in summer)

CURRENCY

The national currency in Hungary is the Hungarian Forint. One Euro is approximately equal to 330 Forint (one USD is approximately equal to 280 Forint) but the rates can fluctuate. All major credit cards are widely accepted at most major hotels, department stores and restaurants. You may be requested to show your passport.

CLIMATE

During the month of May, the average temperature is 15 – 16⁰ C.

ELECTRICAL CURRENT

The electrical outlet are 220 V, 50 Hz. Socket / plug of type C plug, with two round prongs, popularly known as the europlug and used in all continental Europe countries.

LANGUAGE

The official language in Budapest is Hungarian. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

CORRESPONDENCE AND INFORMATION

Further information can be requested by email addressed to ifbb.huber@gmail.com

ENTRY FORMS SENDING DETAILS

<p><u>Please send your Entry Form not later than 6th May, 2019 to:</u></p> <p>Hungarian Federation General Secretary Ms. Viola Vargha: E-mail: ifbb.huber@gmail.com</p> <p>IFBB Technical Committee Eng. Andrew Michalak E-mail : amichalak5@gmail.com</p>	<p><u>Please Send a copy to:</u></p> <p>International Federation of Bodybuilding and Fitness Head Office: Ms. Diana Mozos E-mail: info@ifbb.com</p>
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TENTATIVE SCHEDULE OF ACTIVITIES

The following schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

Friday
May 17

12:00 - 18:00

WEIGH-IN, REGISTRATION
Hotel Clark, Clark Ádám tér 1

18:30

Judges & Team Managers Meeting

Saturday
May 18

11:00

IFBB DIAMOND CUP
Prejudging and Finals