



CBBF

IFBB North American Championship

October 12th to 14th

Tijuana, Mexico

Inspection Report English



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IFBB North American Championship

Welcome [Back to content](#)

The Mexican Federation of Bodybuilding and Fitness, AC, The Baja Californian Bodybuilding and Fitness Association, AC, with the support of the Institute of Sports of Baja California, gives the warmest welcome to all the athletes of the countries of the region of North America, through its National Federations to participate in the IFBB North American Championships, which will take place in the City of Tijuana, Mexico from October 12 to 14, 2018.

About Tijuana [Back to content](#)

Tijuana is the most populated city in the state of Baja California, Mexico. Having an elevation: 20 m a.s.l, it is 170 km west of the state capital, Mexicali, and 110 km north of Ensenada. It is the head of the municipality of the same name and is known as The corner of Mexico, The door of Mexico, The corner of Latin America since it is the westernmost city in Latin America. His motto is "Here begins the homeland."



Currency [Back to content](#)

The Mexican peso is the national currency and the United States dollar is accepted in most establishments.

Electric current [Back to content](#)

110 volts A/C, American supplies

Passport [Back to content](#)

A valid passport is required to enter the Mexican territory, valid for at least 6 months after the date of arrival. An official letter of invitation will be available if required.

Language [Back to content](#)

The official language is Spanish, but due to its proximity to the United States in several places the English language is spoken.

Climate [Back to content](#)

The climate of Tijuana is semi-arid (BSk according to the climatic classification of Köppen) or dry Mediterranean, characterized by mainly dry summers and from temperate to warm, and mild and humid winters. The average annual temperature is 17.5°C and the rain regime is from November to April with an average of 251 mm per year, an estimated temperature between 15°C / 23°C at those dates.





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Arrivals [Back to content](#)

The official arrival day is Friday, October 12th and they must comply with the registration process. The departure will be on October 14th.

Official Airport [Back to content](#)

The Official Airport of Tijuana is "General Abelardo L. Rodríguez" (principal). And the closest airport to the headquarters is the San Diego International Airport, California.



Official Hotel [Back to content](#)

The host hotel will be the Ticuan Hotel, located at Calle Miguel Hidalgo No. 8190 Central Zone of this city. Each National Federation is responsible for all expenses related to food and lodging.

<http://www.hotelticuan.mx/>



HOTEL TICUÁN
D: Av. Miguel Hidalgo (8va) #8190 between
Constitución and Revolución,
Tijuana Baja California, 22000 México
TIJUANA: 664 685 8078
NACIONAL: 01 800 788 0483
INTERNACIONAL: 01 877 730 8308
E-mail: reservaciones@hotelticuan.com





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Linens and towels [Back to content](#)

Athletes who use tanning products will be responsible for the total payment of all sheets, towels, bedspreads, carpets and furniture stained with these products. Athletes are also asked to be aware of the cleanliness of the stains left by these tanning products after bathing, remember that it may generate an extra charge on your hotel account. At the same time you are asked to be careful out of respect for the hotel's cleaning staff.

The use of tans and bronzers that can be wiped off is not allowed. If the tan comes off by simply wiping, the athlete will not be allowed to enter the stage. Professional competition tanning methods (airbrush tanning, cabin spray tanning) may be used if applied by the professional companies and qualified personnel. Sparkles, glitter, shiny metallic pearls or gold coloring are prohibited whether applied as part of a tanning lotion and/or cream or applied separately, regardless of who applied them on the competitor's body.

Awards [Back to content](#)

The first six places of each category will be awarded in the following manner: 1st to 3rd place, Trophy and Medal, 4th to 6th place, medal.

IFBB World Ranking

Only the 15 best competitors will advance to the semifinals. The best 6 competitors in the semifinals will advance to the finals and receive the rewards. The top 5 competitors in each category will be awarded points for the 2018 IFBB Elite World Ranking, according to the following scale:

Place	Points
1st	7
2nd	5
3rd	4
4th	3
5th	2

IFBB Elite PRO

The overall winner in Men's Bodybuilding, Master Bodybuilding, Classic Bodybuilding, Men's Physique, Classic Physique, Women's Physique, Bikini Fitness, Bodyfitness and Wellness Fitness will be awarded with the IFBB Elite Pro Card (after request, through their National Federations).

Registration fee [Back to content](#)

Each National Federation is responsible for all expenses related to meals, beverages, lodging, transportation (airport-hotel-airport) and other unforeseen expenses throughout the duration of your stay.

The Registration Fee is USD \$100 per athlete.





IFBB North American Championship

Participation

IFBB-affiliated National Federations from Canada, the United States of America, Mexico are welcome to participate in this event. The number of competitors per country is unlimited.





IFBB North American Championship

Participating athletes must be registered by their National Federation through sending the Final Entry Form with their names directly to the FMFF, the Technical Committee of the IFBB and the IFBB headquarters in Madrid no later than October 8th, 2018. The final decision to allow an athlete to compete in this event depends on the IFBB.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

Registration

Official Athlete Registration and weigh-in will be conducted on Friday, October 12th, from 12:00 noon until 18:00 hrs, in the Ticuan Hotel Tijuana Hall, located at Miguel Hidalgo Street No. 8190 Central Zone.

Categories open at this event [Back to content](#)

Men's categories:

- Bodybuilding (-65 kg, -70 kg, -75 kg, -80 kg, -85 kg, -90 kg, -100 kg, +100 kg.)
- Junior Bodybuilding (16-23 years old, born 1995 or after)
- Master Bodybuilding (40 to 44 years: -70 kg, -80 kg and +80 kg)
- Master Bodybuilding (45 to 49 years: -70 kg, -80 kg and +80 kg)
- Master Bodybuilding (over 50 years: -80 kg and +80 kg)
- Classic Bodybuilding (-175 cm, +175 cm)
- Men's Physique (-170 cm, -174 cm, -178 cm, -182 cm, +182 cm)
- Classic Physique (-175 cm, +175 cm)

Women's categories:

- Women's Physique (-163 cm, +163 cm)
- Bikini Fitness (-158 cm, -163 cm, -166 cm, -169 cm, -172 cm, +172 cm)
- Bodyfitness (-158 cm, -163 cm, +163 cm)
- Fitness: one open category
- Wellness Fitness (-158 cm, -163 cm, +164 cm)

Doping control

Competitors will be evaluated by the National Anti-Doping Commission of the National Commission of Physical Culture and Sport (CONADE) in accordance with the Anti-Doping Rules of the IFBB, using the laboratory accredited by WADA in Mexico. All competitors at the weigh-in and registration will be required to sign a Drug Testing Agreement and Disclaimer of Consent Form.



Music [Back to content](#)

All music must be presented on a CD or on a USB memory. You must have only the music you are going to pose with. CDs or USB sticks that contain more than one song will not be accepted. For easy identification, each competitor must place his name and the name of the country on the CD or USB Memory, not on the plastic protective cover. Competitors who participate in two classes must bring two CDs or two USB Memories separately or one for each class if they contain different music. It is recommended that each athlete present 2 CDs or USB Memories in case of any technical problem. Please be sure to pick up your CD or USB Stick at the music station after the end of your category. The Organizing Committee will not be responsible for the music that has not been collected.

Prices of event tickets (for unofficial delegates and other supporters) [Back to content](#)

Saturday \$ 100 pesos or USD \$ 5 (general admission).

Venue [Back to content](#)

The championship will take place at the Old Jai Alai Palace Forum - Show Center, with address on Avenida Revolución, Zona Centro, Tijuana, B.C .





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Preliminary Entry Form

The preliminary registration must be sent as soon as possible, but no later than September 30th.

Final Entry Form

The deadline date to send the Final Entry Form is October 8th.

Important notice

It is responsibility of the president or general secretary of each participating national federation to ensure that all members of the national team (athletes, delegates, additional delegates) are aware of the rules and regulations governing participation in these competitions, to include the statements contained therein. within this Inspection Report.

Correspondence / contact information [Back to content](#)

All correspondence and communication about participation in the 2018 IFBB North American Championships should be sent to:

Marco Cabezas
IFBB Vice-President
for North America
+52 1 55 5544803027
informes@affcdmx.com

Andrew Michalak
IFBB Technical
Committee
amichalak5@gmail.com

Diana Mozos
info@ifbb.com

Luis Ramirez
Coordinator Local Tijuana
tjmuscle@icould.com

Organizing Committee
Mexican Federation of
Bodybuilding & Fitness
Email:
fmff2001@hotmail.com
contacto@fmff.com.mx
Phone No:
+52 55 5566 0122
+52 55 5566 2836





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Tentative Schedule

Friday, October 12th, 2018

Up to 17:00 – Arrivals of National Teams

12:00 - 18:00 – Official Athlete Registration and weigh-in.

Saturday, October 13th, 2018

12:00 - Team Managers and Judges Meeting

14:00 – Semifinals and finals of all categories

Sunday, October 14th, 2018

Departures

